

Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Temecula Public Safety	https://temeculaca.gov/coronavirus	As the Coronavirus (COVID-19) pandemic continues to generate concern globally, domestically and locally, the City of Temecula remains committed to serving the region by continuously updating this site with up-to-date information. Please check this site, and the City's Facebook, Instagram and Twitter pages regularly for new and updated information.	April 6, 2020	
South County	Murrieta City	https://www.murrietaca.gov/955/Coronavirus	We're connecting daily with our partners at Riverside County Public Health (the lead agency), and at the state and federal level to access the latest information and will take recommended actions that protect residents. Riverside Co. Public Health is our lead COVID-19 agency and a good source of updated information on the topic, including local impacts, press releases and resources.	April 6, 2020	
South County	City of Menifee	https://www.cityofmenifee.us/604/Coronavirus-COVID-19	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Menifee is integrated into the emergency management functions and oversight of the County of Riverside Emergency Management Department. The City of Menifee as a local government agency remains closely engaged with our County Health and emergency management partners.	April 6, 2020	
Desert	City of Coachella	https://www.coachella.org/about-us/advanced-components/covid-19-microsite	"The health and wellbeing of our residents is a priority," says Coachella Mayor Steven Hernandez. "This measure allows us to take additional actions as necessary to protect the public health."	April 6, 2020	
All Regions	First 5 of Riverside	https://www.rccfc.org/covid-19-alert-and-information/	COVID-19 Alerts and Information	April 6, 2020	
Desert	City of Palm Springs	https://www.palmspringsca.gov/government/covid-19-updates	COVID-19 Alerts and Information	April 6, 2020	
South County	City of Lake Elsinore	http://www.lake-elsinore.org/city-hall/public-safety/covid-19-info	The COVID-19 situation is changing regularly. The City continues to closely monitor guidance from the local, state and federal level to best protect our community. In a public health emergency, like this, the County's Public Health Department is the lead agency and the City serves in a supportive role. The City of Lake Elsinore remains regularly engaged. We have a plan, we are prepared and we will do everything we can to ensure the health and safety of our residents. Please stay informed and remain vigilant during this rapidly evolving, unprecedented time.	April 6, 2020	
Desert	La Quinta	https://www.laquintaca.gov/residents/public-safety-services/covid-19-resources-information	COVID 19 Resources & Information	April 6, 2020	
North County	Jurupa Valley	https://www.jurupavalley.org/425/COVID-19	City Leaders are actively monitoring the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies. The lead national agency is the Federal Government, who is working closely with the Centers for Disease Control and Prevention (CDC). The lead local agency for this public health matter is the Riverside County Department of Public Health. For more information about COVID-19 including guidelines, business planning resources, and local updates, please visit this page frequently. Please note, this is a rapidly evolving situation and the risk assessment may change daily, if not hourly.	April 6, 2020	

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East County	City of Hemet	http://hemetca.gov/967/COVID-19-Coronavirus	The City of Hemet is monitoring the status of COVID-19 and is implementing the necessary measures to ensure the safety of staff and the community. We are working closely with our partner agencies to ensure that the public is well informed and continues to have access to public services.	April 6, 2020	
Desert	Indio	https://www.indio.org/your_government/preparedness_prog/covid_19.htm	The City of Indio is actively monitoring input from local, state and national health officials to assess the health risks of COVID-19, and update those risks to stakeholders. Additionally, we are in contact with Riverside County Public Health, which facilitates conference calls and sharing information with partner agencies.	April 6, 2020	
East County	City of Moreno Valley	http://www.moval.org/coronavirus/	Find local resources and trusted sources of information as well as links to best practices, business information, coronavirus testing information, important contacts, special activities, and more	April 6, 2020	
Desert	City of Banning	https://banningca.gov/606/COVID-19-Coronavirus-Alerts	Alerts, Links and Information	April 6, 2020	
North County	City of Norco	http://www.norco.ca.us/	As we face the challenging, unprecedented situation that COVID-19 presents, the City of Norco continues to operate and serve the community by providing essential services electronically and telephonically and maintaining full staffing levels at the Norco Sheriff's Station and CAL FIRE/Riverside County Fire Department Fire Stations.	April 6, 2020	
South County	City of Perris	http://www.cityofperris.org/livewell/covid19.html	The City is closely monitoring the situation and following the recommendations provided by the State Governor, Riverside County Department of Public Health, and the CDC, Center for Disease Control and Prevention, guidelines. The information provided on COVID-19 changes rapidly.	April 6, 2020	
South County	City of Corona	https://www.coronaca.gov/i-want-to/learn-more-about/coronavirus	As the COVID-19 situation evolves, the City of Corona continues to develop ways to connect local organizations offering resources to other community groups and residents who need them. In order to help facilitate resource connections, the City of Corona has launched donation intake forms.	April 6, 2020	
Desert	Beaumont	https://www.beaumontca.gov/1113/Novel-Coronavirus-COVID-19	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Beaumont as a local government agency remains closely engaged with our County Health and emergency management partners. The health and safety of the citizens and City employees is our paramount concern. City services are being modified in order to provide a safe environment while maintaining basic services throughout the crisis. Your patience and understanding are appreciated.	April 6, 2020	
East County	San Jacinto	https://sanjacintoca.hosted.civiclive.com/community/Covid19	COVID-19" or the "coronavirus" continues to generate concern globally, and within our local communities. The City encourages residents to monitor Riverside County Public Health for the latest updates in our region https://rivcoph.org/coronavirus .	April 6, 2020	
Mid County	City of Riverside	https://www.riversideca.gov/press/information-regarding-covid-19-coronavirus	City Leaders are actively engaged in the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies.	April 6, 2020	

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South County	City of Wildomar	http://www.cityofwildomar.org/cms/one.aspx?portalId=9894827&pageId=16546156	COVID-19 Resources and Updates	April 6, 2020	
All Regions	Riverside County Department of Public Social Services (DPSS)	1-877-410-8827	In an effort to stop the spread of COVID-19, our offices are temporarily closed to the public except for a limited number of customers and visitors who must be seen in person. This measure is necessary to protect the public and our employees. Some offices will remain open for restricted access to individuals without a phone who are homeless or require immediate need or expedited services. Customers are strongly encouraged to use online and telephone services. DPSS is encouraging its new and existing customers to apply for benefits and services through our website and call centers.	April 8, 2020	
South County	Rose Again Foundation	Maria@RoseAgainFoundation.org 951-970-2518	Providing services to foster children & emancipated fosters in Temecula & Murrieta.	April 10, 2020	
All Regions	California Coronavirus (COVID-19) Response	https://covid19.ca.gov/	Most current up to date information about COVID-19, California's response to the virus, and resources.	April 10, 2020	
All Regions	Riverside County Office of Education	https://www.rcoe.us/	Current and up to date information and resources about COVID-19.	April 14, 2020	
East County	Chuck Washington -- 3 District Supervisor Riverside County	https://supervisorchuckwashington.com/community-resources/	COVID-19 Resources and Updates	April 14, 2020	
All Regions	HOPE Collaborative	https://www.hopecollaborative.org/resources/general-info	HOPE Collaborative Team finds resources for our community's families, and during this time of Sheltering in Place and Homeschooling these resources are a helpful tool. You can always access COVID-19 resources and community resources through the website.	April 21, 2020	
All Regions	CA MAP Inclusion & Belonging	https://cainclusion.org/camap/map-project-resources/ca-teaching-pyramid/	The mission of the MAP to Inclusion & Belonging... Making Access Possible, is to create a statewide system of support, training and resources that gives all families and providers barrier-free access to inclusive child care.	May 5, 2020	
All Regions	Junior League Riverside (Diaper Bank)	http://www.juniorleaguerriverside.org/communityimpact/diaper-bank	The Junior League of Riverside, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. We reach out to women of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism	May 7, 2020	
Riverside Unified School District Families and near communities	Riverside Unified School District	http://riversideunified.org/parents/family_resource_center	The RUSD Family Resource Center's Mission is to "Improve student learning and development, strengthen family practices, and leverage school programs by integrating resources and services from the community". Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance. Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance.	May 27, 2020	

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All Regions	United Way of the Inland Valleys	https://connectriverside.org/coronavirus2019/	Hear the latest information about COVID-19. Callers are also able to get referrals for local services including food, shelter, and other health related issues. Partners with the County's Public Health Department to provide the most up-to-date information on our website, our social media channels, and on our helpline, which is available 24 hours a day, 365 days a year in over 200 languages	March 21, 2020	
All Regions	Inland SoCal COVID-19 Fund	https://uwiv.org/covid-fund-requests (must apply online)	Funding for direct assistance will be available BASED ON CONTRIBUTIONS RECEIVED. United Way is not able to guarantee funding beyond what is received in this fundraising effort.	March 21, 2020	April 6, 2020
All Regions	California Tenents (renters)	https://caanet.org/coronavirus-resources-for-navigating-the-outbreak/	CAA is working around the clock to keep our members and the general public informed. This website is being updated daily, and you are encouraged to bookmark this page and visit it for answers to many of your questions related to this crisis. If California renters are not able to pay rent due to financial or medical circumstances caused by the coronavirus pandemic, they are entitled to a delay of an eviction through May 31. To qualify, renters need to prove they've been laid-off, lost their job or hours at work because of COVID-19. Those who have had to care of children whose schools are closed or family members with COVID-19, also qualify. Renters must notify their landlords in writing no later than seven days after their rent is due, so by April 8 or May 8, to communicate they're unable to pay. Now come June 1, tenants could be evicted if they didn't pay rent in April or May.	March 21, 2020	
All Regions	WIC	https://www.rivhero.com/	WIC is still processing claims and increased staffing at their call centers to assist with answer calls. All WIC sites will be closed effective Tuesday, March 17, 2020 through Thursday, April 30, 2020. We are remotely serving all participants and clients. Our WIC Call Center is experiencing a high volume of calls. Please stay on the line and someone will be with you as soon as possible. If you are having difficulty getting through to the line, please try texting or calling again. State WIC is working with WIC vendors to address the availability of WIC foods and formula.	March 21, 2020	
All Regions	Unemployment Assistance	https://www.edd.ca.gov/Unemployment/UI_Online.htm	Due to current events, we are experiencing a large increase in claims filed and are extending our staff resources to keep up with the demand. For faster service, use UI Online to file your claim, certify for benefits, and get payment information. Thank you for your patience.	March 21, 2020	
All Regions	Credit Card Assistance	Call your creditor. Also refer to: https://www.theimpledollar.com/financial-wellness/coronavirus-financial-assistance/	A number of credit card companies, including Citi, PNC Bank, Wells Fargo, Capital One and others, announced they're willing to work with customers facing financial difficulties as a result of COVID-19. If you're unable to make your payment, call your credit card issuers right away for assistance.	March 21, 2020	

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Regions Vary	Electricity Assistance	https://www.sce.com/safety/coronavirus	Southern California Edison: The utility is suspending disconnections for nonpayment and waiving late fees "for residential and business customers impacted by the COVID-19 emergency."	March 21, 2020	
Desert	Economic Protection Plan	https://www.liftdorise.org/protection	Together, we are working to create an emergency economic preparation and protection plan for our region. Our goal is to connect all eligible families and residents to every currently available form of public assistance in order to keep our neighbors housed, fed, healthy, and secure. Below please find resources with information about housing, health, utilities, food, education, workers benefits, and small businesses. For general questions, please email eppsupport@liftdorise.org .	March 21, 2020	
Regions Vary	Western Municipal Water District	https://www.wmwd.com/523/COVID-19	As the situation surrounding the COVID-19 (Coronavirus) outbreak continues to rapidly evolve, Western knows that daily lives are being directly impacted. At Western Municipal Water District, we are committed to a culture of service that ensures operational continuity with excellent customer service. We have been closely monitoring local, regional, state and federal updates and public health recommendations surrounding the outbreak and will continue to provide you important information about your services.	April 6, 2020	
All Regions	Community Action Partnership	https://www.capriverside.org/Program	Utility Assistance; Weatherization; Home saving Program;	4/10/2020 Link Updated 5/19/2020	
All Regions	RIVERSIDE COUNTY ECONOMIC DEVELOPMENT	(951) 955-0493	THE CORONAVIRUS OUTBREAK HAS GLOBAL HEALTH CONSEQUENCES, AND IT PUTS MANY SMALL BUSINESSES AT ECONOMIC RISK. IF YOUR BUSINESS IS STRUGGLING FINANCIALLY DUE TO THE CORONAVIRUS, RIVERSIDE COUNTY IS HERE TO PROVIDE RESOURCES THAT CAN HELP.	April 10, 2020	
All Regions	Riverside County Work Force Development Centers	http://rivcoworkforce.com/COVID-19Resources.aspx	Due to the Coronavirus (Covid-19) outbreak, the Riverside County America's Job Centers of California are currently closed to all in-person services until further notice. However, the Workforce Development Center, State of California Employment Development Department (EDD), and partner staff are committed to providing services via phone, e-mail, and online	April 10, 2020	
All Regions	California Public Utilities Commission	https://www.cpuc.ca.gov/covid19protections/	A list of consumer protection provisions enacted in response to the COVID-19 outbreak in California. This list covers both Investor Owned Utilities (IOUs), which are regulated by the California Public Utilities Commission (CPUC), and Publicly Owned Utilities (POUs). Please visit your specific utility's webpage for more specific information about protections and benefits available to you.	April 10, 2020	

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East County	Valley Community Pantry	https://www.vcpcares.org/how-we-help/	EMERGENCY SHELTER, RENT AND UTILITY ASSISTANCE. In addition to food, the Community Pantry receives funds from various grants and agencies. When funds are available we are able to provide emergency shelter and rent assistance, as well as assistance for electricity, gas and water utility bills by appointment only. For more information and requirements please visit our office.	April 14, 2020	
All Regions	California Air Resources Board	http://www.cleanvehiclegrants.org/	The Clean Vehicle Assistance Program provides grants and affordable financing to help income-qualified Californians purchase or lease new or used hybrid and electric vehicles. Residents who meet the income eligibility requirements can receive a grant and may also be eligible for a charging station grant.	June 17, 2020	
All Regions	Replace Your Ride	(855) 483-5107 www.ReplaceYourRide.com	Save up to \$9,500 when replacing an older polluting vehicle with a clean fuel-efficient vehicle. The Enhanced Fleet Modernization Program assists lower-income consumers with the purchase of a clean vehicle OR alternative mobility options such as transit passes.	June 17, 2020	

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South County	Neighborhood Healthcare	Call 1-833-867-4642 https://www.nhcare.org/	Family Medicine, Actue Vists. Prenatal care, Womens Health, Chiropractor, Acupuncture	March 15, 2020	
South County	MHAoSf	855-845-7415 and chat at: https://www.mentalhealthsf.org/peer-run-warmline/	Mental Health Peer Warmline in response to COVID-19	3/16/2020	
South County	SAFE Family Justice Center	Temecula (951) 587-3900 Murrieta (951) 304-5680	Case Management & Assistance for Victims of Crime; over phone services & groups cancelled	March 16, 2020	
South County	Community Mission of Hope	951-444-1404 or info@cmoh.net	Food Pantry & Case Management	March 16, 2020	
South County	Birth Choice of Temecula	951-296-3441, contact@birthchoice.center , www.birthchoicecenters.org	PregnancyCenter, Material Assistance babies 0-2yrs, pregnancy testing/decision counseling	March 28, 2020	
South County	Hope Learning Academy	951-244-5038, pastorpaul@atriskhope.com	At-risk Youth Intervention (9-12), Parent Coaching & Education, NA, AA	March 28, 2020	
South County	Trauma Intervention Programs(TIP)	951-698-2453, www.tipswrc.org	Emotional and practical support to survivors of Traumatic Event	March 28, 2020	
All Regions	National Alliance on Mental Illness (NAMI)	(800) 950-6264, https://www.nami.org/covid-19-guide	The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI has over 600 state organizations and affiliates across the nation.	April 6, 2020	
All Regions	Riverside University Health System – Public Health	https://rivcoph.org/coronavirus	One of the most important ways we have to combat the spread of illness like coronavirus is through education and information from reliable sources. It's vital that we provide science-based details about how the illness is spread, as well as updates on what health officials are doing to protect the health of residents of Riverside County. This webpage was created to provide you with information about our preparedness activities and the latest news and updates about coronavirus and related issues from reputable sources like the Centers for Disease Control and Prevention (CDC). We understand there is anxiety during uncertain times, but RUHS – PH wants you to know we are working to protect the community's health.	April 6, 2020	
All Regions	Riverside Community Hospital	https://riversidecommunityhospital.com/covid-19/	With coronavirus (COVID-19), the safety of Riverside Community Hospital patients and visitors remains our top priority. We regularly treat patients with infectious diseases and our clinical teams are highly trained in infection prevention protocols. Riverside Community Hospital is closely monitoring COVID-19 developments in partnership with our local and state health departments and the U.S. Centers for Disease Control (CDC).	April 6, 2020	
All Regions	Caifornia Department of Health	https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/immunization/ncov2019.aspx	COVID-19 Updates	April 6, 2020	
All Regions	Community Health Association	https://chair.org/covid-19-resources/	Resources and Updates	April 6, 2020	
All Regions	Voices for Children (CASA)	951-472-9301, rcvolunteer@speakupnow.org	Court Appointed Special Advocate volunteers for youth in foster care	April 10, 2020	
All Regions	Office On Aging(GRG Program)	1-800-510-2020, 951-867-3800	Referrals, Resources, phone consults,Advocacy, Casemanagement Grandparents Raising Grandchildren	April 10, 2020	

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All Regions	Safe Families for Children - Olive Crest	714-543-5437 x1234 (hotline)	Child abuse prevention for families in crisis. (homelessness, domestic violence, substance abuse, etc.) safe-families.org for more info.	April 10, 2020	
All Regions	Therapist Aid	https://www.therapistaid.com/worksheets/mandalas . https://www.therapistaid.com/worksheets/mindfulness-exercises.pdf	Mandalas - Art therapy for Stress & Anxiety	April 10, 2020	
All Regions	National Council for Behavioral Health	https://www.thenationalcouncil.org/covid19/	For more than 50 years, we have been working to promote health and wellness among our staff, stakeholders, members and the communities they support. With recent news of the novel coronavirus (COVID-19) inviting a heightened sense of uncertainty and apprehension, that commitment has never been stronger. In this time of confusion, there is hope. And there is help. You are not alone. There are 3,325 member organizations that, like you, are working to keep their doors open, their staff safe and their communities healthy. To help you navigate this rapidly evolving situation, we are building a coronavirus resource directory and sharing tools and information to inform you every step of the way.	April 10, 2020	
All Regions	Mental Health America	https://mhanational.org/covid19	As the number of cases of COVID-19 increase, so does the associated anxiety. For the general public, the mental health effects of COVID-19 are as important to address as are the physical health effects. And for the one in five who already have mental health conditions – or the one in two who are at risk of developing them – we need to take personal, professional, and policy measures now to address them. To aid individuals and communities during this time, MHA has compiled a range of resources and information.	April 10, 2020	
South County	Charities-Murrieta/ Community Outreach of Murrieta	https://communityoutreachofmurrieta.com/catholic-citizenship-immigration-programs	Family / Community Assistance Programs, Casework, Emergency Assistance and Basic Needs	April 14, 2020	
South County	Community Mission of Hope	https://www.cmo.net/	prayer and a listening ear - if you need anything please contact our office Mon - Fri 10:00am-12:00pm	April 14, 2020	
All Regions	National Center for School Crisis and Bereavement (NCSCB)	info@schoolcrisiscenter.org	Materials and guidance for schools experiencing crises or helping grieving students. Resources and guidelines to prepare to support children in times of crisis and loss.	May 7, 2020	
All Regions	Coalition to Support Grieving Students	https://grievingstudents.org/	The Coalition offers a wide range of free, video-based and print resources	May 7, 2020	
All Regions	Promoting Adjustment and Helping Children Cope— American Academy of Pediatrics	https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-and-Disasters/Pages/Promoting-Adjustment-and-Helping-Children-Cope.aspx	Resources for meeting children's needs during these times and promoting adjustment and helping children cope.	May 7, 2020	

For Counseling Programs call: 909-763-4970

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South and North County	Loma Linda University Health	https://lluh.org/behavioral-health?resource=llubmc.org/	The COVID-19 pandemic has changed day to day life for us all and has brought on many stressful challenges. Chances are, you or someone you know may be suffering from anxiety, depression, addiction or an eating disorder. We are here to remind you that you are not alone. Loma Linda University Behavioral health aims to raise the awareness of mental health issues and wants to let people know its okay to seek help. We've adjusted our services and now offer video visits to provide you with the support and care you deserve. Our center offers the full spectrum of behavioral healthcare treatment and services to fit your needs, with a variety of programs in both Redlands and Murrieta. Call or visit the website. Substance use recovery, MEND Program, Eating Disorders Program, Adult Programs, Youth Programs, and Outpatient Therapy Services.	May 19, 2020	
All Regions	Online Counseling Programs Powered by U2 Inc	https://onlinecounselingprograms.com/resources/ultimate-guide-to-mental-health-and-education-resources/	To support the growing needs of children and teens, OnlineCounselingPrograms.com has researched all over the internet for resources on mental health and education related topics from sexual identity to study skills. We've created an ultimate resource of lists, articles, guides, videos, and more to help parents, teachers, professionals, and children and teens themselves to assist in social, academic, behavioral, and emotional development.	May 27, 2020	
All Regions	California Parent & Youth Helpline	https://caparentyouthhelpline.org/	Parents Anonymous® Inc. is the oldest family strengthening organization started by a courageous Mom and a Social Worker in 1969 in Los Angeles by developing the first and only Evidence-Based Weekly Support Groups for Parents, and their Children & Youth. We are celebrating the Launch of the California Parent & Youth Helpline to address the stress and concerns of the COVID -19 Virus impacting your family.	May 29, 2020	
All Regions	APPS to Help w/Mental Health: Common Sense Media	https://www.common sense media.org/lists/apps-to-help-with-mental-health?utm_source=edu_nl_20200527_quarterly_family_engagement&utm_medium=email	Obviously, for tweens and teens in crisis, there's no substitute for face-to-face intervention and professional help. However, since phones are tools most teens use, they can offer timely resources and help for those who need it. Aside from general health apps, these tools focus specifically on coping with anxiety, depression, and specific difficult circumstances via meditation, connection, and other techniques. While some are focused on an individual's experience, others offer chat and the option to find a therapist. Especially when used in conjunction with other approaches, these apps might offer teens a little peace of mind.	May 29, 2020	

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All Regions	The Center for Child Welfare Trauma-Informed Policies, Programs, and Practices (TIPs Center)	https://www.tipscenter.org/	The third edition of the CWTTT was updated and released in March 2020 by the TIPs Center in collaboration with the National Child Traumatic Stress Network (NCTSN). The CWTTT is a training series designed to support the infusion of trauma-informed knowledge and skills into child welfare organizational cultures, at all levels and among all roles, resulting in positive sustainable changes in the policies, programs, and practices which lead to better outcomes for children and families served by these systems. It is a publicly available and can be downloaded for free. In addition to the training curricula, there is also a Tips for Facilitators and an Implementation Guide to support systems and facilitator's in implementing and delivering the CWTTT.	June 15, 2020	
All Regions	JSI RESOURCES: PUBLICATIONS	https://www.jsi.com/resource/survivor-stories-to-build-partnerships-tools-for-domestic-violence-service-providers/	The connection between domestic violence (DV), social determinants of health, and other pressing issues may not always be clear to potential partners who do not work in the DV/trauma prevention fields. JSI developed a set of tools for domestic violence service providers—in the form of stories—to address this gap. The first three stories depict the connection between DV and a key social issue (housing instability, economic insecurity, or childhood adversity). The fourth story makes the case for health care providers to employ a universal education approach to prevent and respond to domestic violence. These tools have been designed to help potential partners, collaboratives, and funders to better understand the connection between DV and their focus area, and to motivate them to take action through partnership. Each tool is meant to be downloaded and customized with DV providers' organizational information.	June 15, 2020	
All Regions	National Domestic Violence Hotline	https://www.thehotline.org/healthy-relationships/healthy-conflict-resolution/	Healthy Conflict Resolution Conflicts, such as verbal disagreements and arguments, happen in every healthy relationship. While conflict is normal, it could also be a sign that parts of your relationship aren't working. Healthy communication skills are the key to resolving conflict respectfully. When conflict arises, the tips below can help you resolve these arguments in a healthy way:	June 15, 2020	
All Regions	Early Childhood Knowledge and Learning Center	https://eclkc.ohs.acf.hhs.gov/publication/childrens-responses-crises-tragic-events	Infants, toddlers, preschoolers, and young children who experience a tragic event may show changes in their behaviors. They also may be indirectly affected by a crisis through what they hear or see on TV. In this tip sheet, learn what families and staff might see in children's responses to a crisis. Also, find additional resources about this topic.	June 17, 2020	

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All Regions	Early Childhood Knowledge and Learning Center	https://eclkc.ohs.acf.hhs.gov/mental-health/article/building-resilience-cope-stress-trauma	Ongoing research shows that adversity and high levels of stress in early childhood can have a negative impact on a person's life. Stress can affect a child's health, behavior, and ability to learn. However, adults can encourage resilience in young children and in themselves. Resilience is the ability to cope with the stress caused by challenging situations. Find resources below that can help caregivers and families understand the signs and dangers of stress in young children. Learn about strategies to promote resilience and support positive outcomes.	June 17, 2020	
All Regions	Child Mind Institute	https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/	Racism and Violence: How to Help Kids Handle the News Supporting your children during scary times	June 17, 2020	
All Regions	NBC News Learn	https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism	How to Talk to Kids about Race and Racism There's no question: talking about race can be sensitive, and yes, even a bit messy.	June 17, 2020	
All Regions	Common Sense Media	https://www.commonsensemedia.org/blog/5-signs-of-screen-overload-and-how-to-handle-them?j=7837864&sfmc_sub=171782805&l=2048712_HTML&u=148057695&mid=6409703&jb=306&utm_source=media_nl_20200617&utm_medium=email	5 Signs of Screen Overload--and How to Handle Them From poor sleep to headaches, signs that it's time for kids to take a break can take many forms.	June 17, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
North County	Alvord Unified School District	https://www.alvordschools.org/	Beginning May 18 meals will be distributed from 9 am to 10 am daily through June 25, 2020. Distribution centers: Norte Vista High School on 6585 Crest Ave and La Sierra High School on 4145 La Sierra Ave.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
Desert	Banning Unified School District	https://www.banning.k12.ca.us/	Banning Unified will begin our summer feeding program on Wednesday June 17, 2020 and conclude on July 29, 2020. This program is for children ages 2-18 and is based on a pre-order system. However, walk-ins are welcome. Please use this LINK to place an order for "grab and go" breakfasts and lunches. You will receive enough food for 5 days. The grab and go meals will be distributed each Wednesday at the following locations and times. Nicolet Middle School: 8:30 AM - 9:00 AM. Coombs: 9:30 AM - 10:00 AM. Cabazon: 10:45 AM - 11:15 AM. Esperanza & Elm: 11:30 AM - 12:00 PM. Haugan-Lehmann & Tamarack: 12:30 PM - 1:00 PM. Please note that children may continue to receive "grab n go" meals through our summer feeding program, even if they are receiving P-EBT benefits. If you have any questions, please contact nutritionservices@banning.k12.ca.us	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
Desert	Beaumont Unified School District	https://www.beaumontusd.us/apps/pages/index.jsp?uREC_ID=1078298&type=d&pREC_ID=1301068	Drive-Through Summer Meal Service Available Mondays and Wednesdays June 8th - July 29th. The Beaumont Unified School District, Child Nutrition program, is providing an opportunity for families to drive through and pick up meals for the children in their family at a number of school sites. Monday meal service will consist of meals for 2 days. Wednesday meal service will consist of meals for 3 days. Meals are provided for all children 18 years and younger. June 8th - July 29th, the following schools will provide meals on Mondays and Wednesdays from 9:00 AM to 10:30 AM: Beaumont High, Palm Innovation Academy, Starlight Elementary, Three Rings Ranch Elementary. Meals are available in the parking lot or bus lane at each participating school. Please stay in your car and meals will be passed through.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
Desert	Coachella Valley Unified School District	https://www.cvusd.us/	NEW DISTRIBUTION SCHEDULE STARTS ON 5/4 *Please wear masks and maintain social distancing norms. *Meals will be placed in vehicle trunks to protect our staff and families. All School locations will operate from 8:00 am to 11:00 am. EL NUEVO PROGRAMA DE DISTRIBUCIÓN EMPIEZA EL 5/4 *Por favor use cubre boca y mantenga las normas de distanciamiento social. *Las comidas se colocarán en la cajuela de los vehículos para proteger a nuestro personal y sus familias. Todas las ubicaciones escolares funcionarán de 8:00 a.m. a 11:00 a.m.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
North/South County	Corona-Norco Unified School District	https://www.cnusd.k12.ca.us/cms/One.aspx?portalId=211960&pageId=29560025	<p>NOTICE: If parents prefer to not bring their students in the car, please be prepared with their student ID#'s instead. Corona-Norco Unified School District's Child Nutrition Services (CNS) will continue serving Free To-Go meals to people 18-years-old & under during this time of school closures starting again on April 6th. Rather than a daily disbursement of meals, CNS will be providing all meals for the week for students on Mondays only. All persons 18-years-old & under may receive free meals as long as someone in their family is enrolled in the Corona-Norco Unified School District. Students will be provided a free weekly allotment of five breakfasts & five lunches, to-go on Mondays. Students may walk up or Adults may drive up with people 18-years-old and under in a car, and pre-packed meals will be provided for all people 18-years-old and under who are present in the vehicle. If parents would prefer not to bring their students in the car with them, we ask that they please bring student ID #'s for meal pick up. Monday's only, starting from 9 a.m. to 10 a.m. on the following dates: June 1st, June 8th, June 15th, June 22nd, June 29th, July: 6th, July 13th, July 20th, and July 27th. In front of the following school sites: Adams Elementary, Centennial High, Corona High, Eleanor Roosevelt High, Home Gardens Academy, Norco High School, and Todd Academy. Please note: Enrichment packets will no longer be available at meal pick up locations.</p>	4/6/2020 Updates 6/15/2020	
East County	Hemet Unified School District	https://www.hemetusd.org/	<p>2020 Summer Food Program for Children and Youth. Free breakfast and lunch at participating sites for children and youth 18 years and younger. This will be a pick-up/drive-thru meal service. Children must be present. If you need more information please call HUSD Nutrition Services at 951-765-5100 ext 5301. Dates of service are June 1st through June 24th, every Wednesday from 9:00 am to 10:30 am. Participating locations are: Bautista Creek, Cottonwood, Fruitvale Elementary, Hamilton, Hemet Elementary, Idyllwild, Jacob Wiens, Ramona Elementary, Whittier Elementary, Winchester Elementary, Diamond Valley, Hemet High, Tahquitz High, and West Valley High. From dates June 22nd to July 31st, Monday thru Friday from 11:45 am – 12:00 pm; Hemet Estates (1101 E. Menlo Ave). From dates June 22nd to July 31st, Monday thru Friday from 11:00 am – 11:30 am; Hemet Vistas (225 W. Fruitvale Ave). Sites will NOT serve meals on Friday July 3rd in observance of Independence Day.</p>	4/6/2020 Updates 6/15/2020	
North County	Jurupa Unified School District	https://jurupausd.org/	<p>Free Grab-N-Go Meal. JUSD is offering FREE Grab-N-Go meals to all children 18 years old or under. Parents may pick up meals for their children Monday – Friday from 11:00 am to 1:00 pm. All meals are pick up only and may not be consumed at the school. Locations are: Del Sol Academy, Ina Arbuckle, Indian Hills, Rustic Lane, Sky Country, Troth Street, Van Buren, Jurupa Middle, Mission Middle, and Patriot High. Families may go to the nearest available school.</p>	4/10/2020 Updates 6/15/2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Lake Elsinore Unifed School District	https://www.leusd.k12.ca.us/	<p>From June 9 - July 28, kids ages 1-18 will receive FREE meals, available for pick up to take home, at four locations TUESDAYS ONLY between 7:30 a.m. - 9:00 a.m. (students will be provided breakfasts and lunches to cover five days). For all kids ages 1-18. Each Tuesday, students will receive five days of meals (Breakfast and Lunch). Serving on TUESDAYS only, 7:30 a.m. - 9:00 a.m., from Tuesday, June 9 through Tuesday, July 28, 2020 ***serving times subject to change***. At the following school locations: Earl Warren Elementary School, 41221 Rosetta Canyon Dr., Lake Elsinore, CA 92532, Lakeland Village School, 18730 Grand Ave., Lake Elsinore, CA 92530, Luiseno School, 13500 Mountain Rd., Corona, CA 92883, and Central Kitchen, 550 Birch St., Lake Elsinore, CA 92530.</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020</p>	
South County	Menifee Union School District	https://www.menifeeusd.org/District/Department/152-COVID-19-Information/News/2212-Meals-for-Students.html	<p>Dear MUSD Students, Staff and Families, Thank you for making our MUSD Teachers and Staff feel so appreciated last week. Our teachers and support personnel continue to work hard as Distance Learning continues this week and through June 5th, our last day of school. We want to remind you to stay connected, log in, check google classroom, and reach out if you need assistance.</p> <p>As your partners in Education Services, this week we would like to share the application for lunch assistance which is found on our MUSD Website. Please know that Grab and Go lunches continue to be available at Freedom Crest Elem. and Quail Valley Elem. schools for families in need, regardless of this application. However, if you feel you now qualify, please apply. We have also been informed by Riverside County that families with students who have access to free or reduced-priced school meals will receive extra food benefits from the state while schools remain closed due to the COVID-19 pandemic. For more information about the Riverside County program, please visit the following site and apply starting on May 22. P-EBT</p> <p>Stay connected to your child's education and stay safe! Best, The Education Services Team at MUSD</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020</p>	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Murrieta Valley Unified School District	https://www.murrieta.k12.ca.us/mvUSD	<p>Nutrition Services will be offering a drive thru distribution of daily "Grab-and-Go" meals, free of charge for enrolled students. Students will need to be present to receive meals, and each Murrieta Valley USD enrolled student and children in their household, 18 years and younger may take a meal which includes lunch and a breakfast item for the following morning. Some meals will require home heating or basic preparation. There will be no congregate feeding, or areas where students may eat the meal at the distribution site; all food must be taken home and consumed offsite. Meal distribution times for all locations will be from 11:00 a.m. to 1:00 p.m. beginning on Tuesday, March 17 through March 27, 2020. Meals will not be available Saturday or Sundays and will end prior to Spring Break. Serving locations: • Avaxat Elementary School; 24300 Las Brisas, Murrieta, CA 92562 • Dorothy McElhinney Middle School; 35125 Briggs Road Murrieta, CA 92563 • Thompson Middle School; 24040 Hayes Avenue Murrieta, CA 92562 • Warm Springs Middle School; 39245 Calle de Fortuna Murrieta, CA 92563 If you have any questions regarding service times or locations, please email call the district offices at 951-696-1600 or email at mvusdinfo@mvusd.org</p>	3/16/2020 No current updates as of original add date	
East County	Nuviev Unified School District	https://www.nuvievusd.org/apps/pages/index.jsp?uREC_ID=1715094&type=d&pREC_ID=1882069	<p>Our Nutritional Services Department will continue providing a "Grab and Go" breakfast and lunch option at Nuviev Elementary School for all children 18 years of age and younger in the District. Please note that the children must be present to receive the meal. Starting Monday, March 30th meals will be distributed on Monday of each week from 10 a.m. to 12 p.m. with breakfast and lunch distributed for ALL five days of the week at one time. We ask that you please have your car trunk open as you drive through and we will gladly place the meals in the trunk for you. Location: Nuviev Elementary School, 29680 Lakeview Avenue, Nuevo, CA 92567.</p>	4/6/2020 Updates 6/15/2020	
South County	Perris Elementary School District	https://www.perrisesd.org/	<p>To-go Breakfast & Lunch will be provided to all children 18 years and younger, through June 19, 2020, from 10:30 am to 11:30 am, Monday, Wednesday, and Friday at Perris Elementary and Good Hope Elementary Schools. No meal service Monday May 25, 2020.</p>	4/6/2020 Updates 5/19/2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Perris Union High School District	http://terrabites.cafe/en/pages/grab-and-go-meal	The Perris Union High School District's FREE to-go meal program will continue through the duration of the school closures. Beginning Monday April 27th, to-go meals will only be available on Mondays and Wednesdays. Meals are served from 11:00am to 12:30 pm at the following locations: Pinacate Middle School, Perris High School, Heritage High School, and Paloma Valley High School. On Mondays, families will receive 2 breakfast and 2 lunch meals. On Wednesdays, families will receive 3 breakfast and 3 lunch meals. This program is open to anyone 18-years-old or under. You do not need to be an enrolled student in PUHSD to receive meals. Please help us keep everyone safe by remaining in your vehicle and allowing meals to be brought to you.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
Desert	Palm Springs Unified School District	https://www.psusd.us/cms/lib/CA02204874/Centricity/Domain/4/4-29%20Meal%20Distribution.pdf	IMPORTANT CHANGE to MEAL PICK UP TIME & ONE RELOCATION. Meals will be available for pick up on Wednesdays ONLY between 7:00 to 8:30AM. School sites listed below will have meals available for pick up every Wednesday between 7:00-8:30AM. Students on bus routes may pick up meals from the bus stop at the morning pick up time every Wednesday morning: CATHEDRAL CITY HIGH, CIELO VISTA CHARTER, LANDAU ELE, DESERT HOT SPRINGS HS, AGUA CALIENTE ELEM, BUBBLING WELLS ELE, JAMES WORKMAN MS, JULIUS CORSINI ELEM, DELLA S LINDLEY ELEM, RAYMOND CREE MS, BELLA VISTA ELEM, and DISTRICT SERVICE CENTER.	4/6/2020 Updates 5/19/2020	
Desert	Find Food Bank	http://www.findfoodbank.org/find-food/food-distributions/	Distribution times and locations are the responsibility of the hosting agency, independent of FIND, are subject to change and are often offered on a first-come, first-served basis. Please call the agency ahead of time to confirm the following distribution information and to learn about any eligibility requirements they may have. We appreciate your help in letting us know if any of the following distribution information is inaccurate; we do our best to have the most current information available on our web site, but again, distribution times and locations are subject to change at the discretion of our agency partners. You can reach FIND Food Bank at 760-775-FOOD (3663) for more information.	April 6, 2020	
Mid County	Riverside Unified School District	http://riversideunified.org/	Meals served Monday and Wednesday only, from 10:30am-12:30pm. When: Monday Meal Service: (2 Breakfast and 2 Lunch). Wednesday Meal Service: (3 Breakfast and 3 Lunch). Where: Elementary Schools: Beatty, Emerson, Harrison, and Lake Mathews. Middle Schools: Central, Chemawa, Earhart, Gage, Miller, Sierra, and University Heights. Community Sites: Don Jones Park 3995 Jefferson St, Riverside, CA 92504, Hunt Park 4015 Jackson St, Riverside, CA 92503, Bobby Bonds Community Center 2060 University Ave, Riverside, CA 92507, Ysmael Villegas Community Center 3091 Esperanza St, Riverside, CA 92504.	4/6/2020 Updates 5/19/2020	

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March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
East County	San Jacinto Unified School District	https://www.sanjacinto.k12.ca.us/	SCHOOL CLOSURE FOOD SERVICE. Wednesday from 9:00 am—10:30 am. Receive breakfast and lunch meals for an entire week. For SJUSD students and all children 18 years and younger. Children must be present and/or in the car to receive meals. Children can go to any location. All children eat FREE, no paperwork necessary. Drive through service. Walk-ups are allowed*. Served while supplies last. Early arrivals are recommended. Out of consideration and safety, all parents/guardians that drive to our pick up grab-n-go meals, are to stay in their vehicle and proceed through the drive-up service. Walk-up service areas are only for walkers, meaning non-drivers, in the neighborhood. We ask that drivers do not park near the school and exit their vehicle to access the walk-up service areas, as it causes safety issues and is not fair to all of the families in their cars that are patiently waiting in line. Questions? Please call: 951-929-7700 x 3077. Three Locations: Megan Cope Elementary, 2550 Via La Sierra Ln, San Jacinto Elementary, 136 N Ramona Blvd, and Estudillo Elementary, 900 Las Rosas Dr.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
South County	Temecula Unified School District	https://www.tvusd.k12.ca.us/covid19resources	TVUSD's MEAL SERVICE LOCATIONS Drive-Thru or Curbside Pick Up Meal Services will be held at three sites from 12 noon to 1 p.m. Temecula Elementary School: 41951 Moraga Rd, Temecula, CA 92591 Temecula Community Center: 28816 Pujol St, Temecula, CA 92590 French Valley Elementary School: 36680 Cady Rd, Winchester, CA 92596	4/6/2020 Updates 5/19/2020	
Mid County	Val Verde Unified School District	https://www.valverde.edu/covid19/meal-information-for-school-closures-01008159	The Val Verde Unified School District Food Services program will provide an opportunity for families to drive through and pick up meals for the children in their families at select school sites. The Val Verde Unified School District Food Services program will continue to provide grab and go meals until Thursday, July 30, 2020. Meals will be available for any child, 18 years and younger, regardless of free or reduced eligibility or school of attendance. The Val Verde Unified School District Board of Education voted to affirm guidance from the USDA on the distribution of lunches to parents whose child or children are not present. During this pandemic, staff will trust the word of parents who wish to keep their children quarantined at home for safety reasons in determining the number of meals to serve. The meals provided will include lunch for that day, and breakfast for the following day. Meals will be served between 11:00 am and 12:30 pm, Monday through Thursday. These meals are solely for pick up and should not be consumed on-site. Meals will be served Monday-Thursday until further notice. Information about our Feeding program can be found on our website. We hope that you will take advantage of this service and keep each other healthy and safe.	4/6/2020 Updates 6/15/2020	

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March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Regions Vary	River Springs Charter Schools	https://springscs.org/covid-19-updates	Springs is providing FREE meals on Monday, Wednesday and Friday at the locations listed below. Children must be present to receive meals; however, families will not need to enter the building for pick-up. On Monday's, Wednesday and Friday, Each child will be able to pick up meals, at any of these locations: Corona Student Center: 11:00 a.m. - 12:00 p.m. Magnolia Student Center: 11:00 a.m. - 12:00 p.m. Rancho Cucamonga PL Center: 11:00 a.m. - 12:00 p.m. Riverside Student Center: 11:00 a.m. - 12:00 p.m. Del Rio Student Center: 11:00 a.m. - 12:00 p.m. Renaissance Valley Academy: 11:00 a.m. - 12:00 p.m. Hemet Quest: 11:00 a.m. - 12:00 p.m. Bear River Student Center: 11:00 a.m. - 12:00 p.m. Murrieta Student Center: 11:00 a.m. - 12:00 p.m. Temecula Student Center: 11:00 a.m. - 12:00 p.m. Vista Student Center: 11:00 a.m. - 12:00 p.m.	4/6/2020 Updates 5/19/2020 Updates 6/15/2020	
Regions Vary	Selected McDonald Locations (Call to confirm)	https://news.mcdonalds.com/news-releases/news-release-details/what-were-doing-support-our-customers-and-communities	Free breakfasts and lunches to children who are now out of school. They are offering free drive-thru meals to older people who might be in need, and free coffee to first responders and healthcare workers	April 6, 2020	5/19/2020
South County	Lake Elsinore STORM Stadium	https://www.milb.com/lake-elsinore	Hot entrees available daily with rotating menu at \$6.50. Add \$2.00 for delivery. Children meals at \$3.50 per meal.	April 6, 2020	5/19/2020
Regions Vary	No Kid Hungry	https://www.nokidhungry.org/coronavirus-grant-request	We're offering emergency grants to support local school districts and nonprofit organizations in their efforts to ensure kids get the nutritious food they need. This grant request is specifically for school districts and community organizations to submit an inquiry for grants to support nutrition programs in their communities. No Kid Hungry is also in the process of developing a separate database to help families and individuals find help in their communities; we will provide a link here once that is ready.	April 6, 2020	5/19/2020
All Regions	Feeding America	https://www.feedingamerica.org/get-help	Our mission is to alleviate hunger in the Inland Empire. We envision a community where everyone has access to an adequate and nutritious food supply.	April 10, 2020	
All Regions	Food Finder	https://foodfinder.us/	FoodFinder is a safe, secure and award-winning mobile and web app that gives food insecure children and their families a way to find free food assistance programs quickly.	April 10, 2020	
All Regions	Got Food	http://gotfood.us/	Got Food? is an application designed to help food insecure people find the nearest and most accessible food pantries and soup kitchens.	April 10, 2020	
All Regions	California Department of Food and Agriculture	https://www.cdfa.ca.gov/coronavirus/	Resources for Food and Agriculture	April 10, 2020	
All Regions	US Department of Agriculture	https://www.usda.gov/coronavirus	Latest news and FAQ in regards to food and safety.	April 10, 2020	

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March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All Regions	No Kid Hungry	Text 'Food' to 877-877	In addition to USDA's Meal For Kids online mapping tool, No Kid Hungry offers a national texting service that allows parents or students to find feeding sites near them by text. How it works: Text 'FOOD' to 877-877 or 'COMIDA' to 877-877 for information in Spanish. User receives text back prompting them to enter a street address, city and state and/or zip code for their desired location. While the service is able to return results for inputs that include only city and state and/or zip code, including a full street address will return results that are more accurate. The service then texts back information about nearby meal sites, or information about how to access other food resources if no sites are operating in the vicinity.	April 13, 2020	
East County	Valley Community Pantry	https://www.vcpcares.org/how-we-help/	We are open Monday thru Thursday – 9:30 am to 12:00 pm. Food distribution varies as donations, funding and community needs fluctuate. No appointment needed for food distribution, however, we do require an intake application. If you have questions regarding the intake process or your eligibility to receive assistance, please visit our office as the pantry phone is for information only.	April 14, 2020	
South County	Community Outreach of Murrieta	https://communityoutreachofmurrieta.com/food-pantry/	A caring community of volunteers from our area called to impact family and community with nutritious food and supplementary resource assistance so that lives of people are filled with hope as they get back on their feet. Through our "Healthy Food for Healthy Families" program, we are committed to providing food at no cost to residents of our community whose personal resources are limited and who are unable to provide adequately for themselves and their families.	April 14, 2020	
South County	Community Mission of Hope	https://www.cmoh.net/	Here at Community Mission of Hope, we are here for you in this time of crisis. If you or anyone you know needs food, please come to our location and use our drive through service for getting a free box of fresh food and commodities. City of Temecula, Murrieta, Aguanga & Anza residents only please. After your first visit one of our Case Managers will contact you for a phone intake. When: Mon - Fri 10:00am - 12:00pm	April 14, 2020	
South County	Boys and Girls Club	http://menifeebgc.org/theclub.html	PERRIS CLUBHOUSE, 904 SOUTH D STREET, PERRIS, CA 92570 Monday thru Friday 4:30 pm to 5:30 pm MENIFEE CLUBHOUSE, 26301 GARBANI ROAD, MENIFEE, CA 92584 Monday thru Friday 4:30 pm to 5:30 pm and QUAIL VALLEY CLUBHOUSE 23890 LA BERTHA, MENIFEE, CA 92587 Monday thru Friday 2:30 pm to 3:30 pm	April 22, 2020	5/19/2020
South County	Dream Center Lake Elsinore	email HopeOffice@DreamCenterLE.org	HOPE is open to the public to provide food & resources: 9:00am-12noon: Tuesday, 9:00am-12noon: Wednesday, 9:00am-12noon: Thursday.	April 22, 2020	
All Regions	CDE and Social Services	https://ca.p-ebt.org/en/	This program, called P-EBT, is for students who are normally able to get free or reduced price school meals. Apply and get up to \$365 per child to spend on groceries. Children may continue to receive "grab n go" meals or emergency food at COVID-19 emergency feeding sites offered by schools and community locations, even if they are receiving P-EBT benefits.	May 29, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Internet Resources	Contact your local provider	Comcast, AT&T, and Charter Communications will provide free public Wi-Fi for 60 days. Other companies are increasing benefits for current subscribers. T-Mobile customers will get unlimited smartphone data, and Sprint is following suit with unlimited data for 60 days.	March 21, 2020	
All regions	Scholastic Learn at Home	https://classroommagazines.scholastic.com/learnathome	Day by day projects to keep kids learning, growing and thinking.	3/21/2020	
All regions	Lakeshore Learning	https://www.lakeshorelearning.com/resources	Lesson Plans, Worksheets, Calendars, Templates, Art, Craft Ideas and Activities	March 21, 2020	
All regions	PBS	https://www.pbs.org/parents/	Parent Resources to help your kids learn and grow. Games, Activities, Videos, Lessons and so much more.	March 21, 2020	
All regions	National Geographic	https://kids.nationalgeographic.com/	Activities that include: Videos, games and exploration.	March 21, 2020	
All regions	Story Time from Space	https://storytimefromspace.com/	Videos of astronauts reading STEM themed books from the International Space Station brought to you by the non-profit Storytime From Space.	March 21, 2020	
All regions	Steve Spangler	https://www.stevespanglerscience.com/lab/experiment-library/	This is a site established by science guy Steve Spangler, who's been on 'The Ellen Show' over 20 times, with close to 400 science experiments you can do at home.	March 21, 2020	
All regions	Free Resources Library	https://www.reallygoodstuff.com/free-resources-library	Hey, parents and teachers at home—we see you. You're working hard to educate remotely, and most likely dealing with your own kids at the same time. We're committed to helping you, whether you're a parent, educator, or both! We have some great ideas for distance learning, and tools that can make your life a little easier right now.	March 21, 2020	
All regions	NAEYC	https://www.naeyc.org/our-work/families/eight-tips-creating-homemade-books	Does your infant or toddler enthusiastically point out images of herself on your computer? Does your preschooler ask you repeat stories about him over and over? A powerful way to interest young children in reading books is to make books about their routines, families, life events and vacations. It's a keepsake for you and a conversation starter for your child. It's also an inexpensive way to help your child learn to love books.	March 21, 2020	
All regions	Common Sense	https://wideopenschool.org/	Free activities for children ages PreK through Grade 12	March 21, 2020	
All regions	Virtual Story Times	You Tube	11:00 a.m. -- Stay at Home Story Time, a ~20 min. picture book read-aloud with Oliver Jeffers (Lost and Found author) (Instagram Live @oliverjeffers, uploaded to YouTube after)	March 21, 2020	
All regions	Virtual Story Times	Yo Tube	11:00 a.m. -- Brightly Storytime, a 5–10 min. picture book read-aloud (YouTube @ Brightly Storytime)	March 21, 2020	
All regions	Virtual Story Times	Instagram	12:00 p.m. -- Mac Barnett (Triangle) reads one of his picture books (Instagram Live @MacBarnett)	March 21, 2020	
All regions	Virtual Story Times	You Tube	~12:00 p.m. -- Jeff Norton reads a chapter (5–10 min.) of his sci-fi adventure novel Alienated (YouTube @Jeff Norton)	March 21, 2020	
All regions	Virtual Story Times	Twitter	~6:00–9:00 p.m. -- Josh Gad (voice of Olaf from Frozen) will virtually read a picture book as a bedtime story(Twitter @JoshGad)	March 21, 2020	

Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Virtual Drawing Lessons	Instagram	8:30 a.m.(T/Th) -- Drawing with Toddlers, a short drawing lesson from E. B. Goodale (Under the Lilacs) (Instagram Live @ebgoodale)	March 21, 2020	
All regions	Virtual Drawing Lessons	You Tube	10:00 a.m. -- Lunchtime Doodles, a ~30 min. art lesson with Mo Willems (Don't Let the Pigeon Drive the Bus) (YouTube @The Kennedy Center)	March 21, 2020	
All regions	Virtual Drawing Lessons	Instagram	10:00 a.m. -- Drawing lessons with Wendy Macnaughton (NYT bestselling illustrator) (Instagram Live @wendymac)	March 21, 2020	
All regions	Virtual Drawing Lessons	You Tube	11:00 a.m. -- Draw Every Day with JJK, a ~20 min. drawing lesson with Jarrett J. Krosoczka (Lunch Lady graphic novel series) (YouTube @ Jarrett J. Krosoczka—author & illustrator)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	6:00 a.m. -- Music classes from Jam with Jamie (also uploaded for later viewing)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	8:00 a.m. -- Daily music, movement, yoga classes, and more for pre-K/young kids from Union City Play in New York City	March 21, 2020	
All regions	Music Classes and Performances	You Tube	11:00 a.m. and 5 p.m. -- Stars in the House, a 60 min. performance and chat by various Broadway actors and other performers to raise money for out-of-work entertainers (YouTube @The Actors Fund)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	4:30 p.m. -- Every night a new recording from The Metropolitan Opera is available to stream	March 21, 2020	
All regions	Music Classes and Performances	You Tube	Various -- A full list of live concerts streaming, varying from pop stars to operas (curated by NPR)	March 21, 2020	
All regions	List of additional free resources	http://www.amazingeducationalresources.com/	Amazing Educational Resources, a HUGE spreadsheet of tools/programs/services that usually cost money but are being offered for free, with info on subject and grade level (crowdsourced)	March 21, 2020	
All regions	Encantos	http://www.encantosbrands.com/learning	Encantos Learning Hub (pre-K-1 resources available in English and Spanish)	March 21, 2020	
All regions	You Tube	https://learnathome.withyoutube.com/	Learn@Home, educational YouTube channels curated by age group (YouTube)	March 21, 2020	
All regions	Sesame Street	https://www.sesamestreet.org/	Sesame Street has videos, games, and activities for younger kids) (sesamo.com in Spanish)	March 21, 2020	
All regions	Tinkergarten	https://www.tinkergarten.com/	Tinkergarten has a week's worth of outdoor education DIY activities (sign up for the email newsletter on Tinkergarten's website)	March 21, 2020	
All regions	XYZA	https://www.newsicle.co/	Newsicle, a daily news trivia game put on by the folks behind XYZA: News for Kids	March 21, 2020	
All regions	Complexly	https://complexly.com/	Complexly, a series of video series on educational topics ranging from literature to biochemistry (YouTube)	March 21, 2020	
All regions	Story Pirates	https://www.storypirates.com/storypiratesuniversity	Story Pirates University, writing video lessons from the Story Pirates podcast team (YouTube)	March 21, 2020	
All regions	DREME	https://mailchi.mp/846cecd4ee6b/fun-easy-math-activities-to-do-at-home?e=54309bbb84	Resources for Early Math Learning at Home	March 21, 2020	
All regions	NAEYC	https://www.naeyc.org/resources	Teaching Young Children. Articles, videos and activities for parents and children.	March 21, 2020	

Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Riverside County Library System	(951) 840-7901	In a time when many are safe at home and most information is shared through the internet, literacy is more than just reading. It's a form of connecting with the world. When we read, we learn about new health and government updates, which allows us to stay healthy and keep safe. We will provide tutoring, family activities, and reading and writing support online.	April 8, 2020	
All regions	HATCH	https://www.hatchearlylearning.com/	COVID-19: While children are home, keep them learning and engaged with Ignite@Home. Disruptions to our daily lives can create an unwanted impact on children's development & learning and impose struggles families are not prepared to address. Ignite@Home provides research-based, digital experiences in the home, that help children stay engaged, and ensure they are working toward their Kindergarten Readiness goals.	April 9, 2020	
All regions	HighScope	https://highscope.org/active-learning-at-home/	How to keep children engaged in active learning at home. At HighScope, we view families as our valued partners and we strive to collaborate with them to promote optimal learning and development for their children outside of the classroom. During this uncertain time, we want to support educators and families, not overwhelm them. This is why we've curated our best "at-home" activities, strategies, and resources to give you a practical way to keep children engaged in active learning at home.	April 14, 2020	
All regions	Common Sense Education	https://www.commonsense.org/education/top-picks/virtual-field-trip-apps-and-websites	Resources: Field trips are informal learning experiences that get students out into the world, exploring the world and students' interests. Trips to museums, parks, historical sites, and more show students that learning (and life) happens outside the classroom, too. During field trips, students discover new things and learn in authentic environments, placing classroom content into new contexts. Unfortunately, for many schools and students, field trips are rare (if they happen at all). Thankfully, there are great games, apps, and websites that can bring places and experiences fostered by field trips to the classroom. While not an outright replacement, these field trip tools can offer inspiring and intriguing experiences for students.	April 14, 2020	
All regions	Wide Open School	https://wideopenschool.org/?utm_source=edu_nl_20200527_quarterly_family_engagement&utm_medium=email	Wide Open School is a free collection of the best online learning experiences for kids curated by the editors at Common Sense. There is so much good happening, and we are here to gather great stuff and organize it so teachers and families can easily find it and plan each day. We hope that Wide Open School helps make learning from home an experience that inspires kids, supports teachers, relieves families, and restores community. This site was built in a matter of days on a shared vision. We plan to keep building until things get back to normal	May 29, 2020	

Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Riverside Public Library	https://riversideca.beanstack.org/reader365	Riverside Public Library's Summer Reading Program: Dig Deeper - READ, INVESTIGATE, DISCOVER! June 1 - July 19, 2020 Read books, earn badges, attend online events, and win prizes! This summer, it's time to dig deeper. Stay active, healthy, and connected: join Riverside Public Library as we read, investigate, and discover!	June 15, 2020	
All regions	The Early Learning Lab	https://earlylearninglab.org/stay-play-grow/#partners	Stay healthy. Play and learn. Grow together. Meet your new one-stop source for info and inspiration to help you and your family make the most of your time together during the coronavirus pandemic and beyond.	June 15, 2020	
All regions	National Association Education of Young Children	https://www.naeyc.org/resources/topics/anti-bias	Anti-bias education work in early childhood is shaped by a deep-seated belief in the importance of justice, the dream of each child being able to achieve all he or she is capable of, the knowledge that together human beings can make a difference. Listen to the voices of children who have experienced anti-bias education at school or at home. They give us hope and direction.	June 17, 2020	
All regions	Center for Child and Human Development	https://www.iecmhc.org/resources/equity/	Learn about disparities in the experiences of young children of color and children from other marginalized communities in early childhood settings; discover strategies for IECMHC to impact early childhood professionals' beliefs, attitudes, and practices to support more effective caregiving for all children, regardless of race, ethnicity, gender, class, or a myriad of demographic characteristics; and better understand policies and procedures, including data collection and analysis procedures, to bridge disparities.	June 17, 2020	
All regions	American Psychological Association	https://www.apa.org/topics/kids-discrimination	Talking to kids about discrimination Experts say diversity and discrimination are subjects that need to be addressed with children.	June 17, 2020	
All regions	Embrace Race	https://www.embracerace.org/resources/young-kids-racial-injustice	8 Tips for Talking to Your Child About Racial Injustice	June 17, 2020	