

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Temecula Public Safety	<a href="https://temeculaca.gov/coronavirus">https://temeculaca.gov/coronavirus</a>	As the Coronavirus (COVID-19) pandemic continues to generate concern globally, domestically and locally, the City of Temecula remains committed to serving the region by continuously updating this site with up-to-date information. Please check this site, and the City's Facebook, Instagram and Twitter pages regularly for new and updated information.	April 6, 2020	
South County	Murrieta City	<a href="https://www.murrietaca.gov/955/Coronavirus">https://www.murrietaca.gov/955/Coronavirus</a>	We're connecting daily with our partners at Riverside County Public Health (the lead agency), and at the state and federal level to access the latest information and will take recommended actions that protect residents. Riverside Co. Public Health is our lead COVID-19 agency and a good source of updated information on the topic, including local impacts, press releases and resources.	April 6, 2020	
South County	City of Menifee	<a href="https://www.cityofmenifee.us/604/Coronavirus-COVID-19">https://www.cityofmenifee.us/604/Coronavirus-COVID-19</a>	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Menifee is integrated into the emergency management functions and oversight of the County of Riverside Emergency Management Department. The City of Menifee as a local government agency remains closely engaged with our County Health and emergency management partners.	April 6, 2020	
Desert	City of Coachella	<a href="https://www.coachella.org/about-us/advanced-components/covid-19-microsite">https://www.coachella.org/about-us/advanced-components/covid-19-microsite</a>	"The health and wellbeing of our residents is a priority," says Coachella Mayor Steven Hernandez. "This measure allows us to take additional actions as necessary to protect the public health."	April 6, 2020	
All Regions	First 5 of Riverside	<a href="https://www.rccfc.org/covid-19-alert-and-information/">https://www.rccfc.org/covid-19-alert-and-information/</a>	COVID-19 Alerts and Information	April 6, 2020	
Desert	City of Palm Springs	<a href="https://www.palmspringsca.gov/government/covid-19-updates">https://www.palmspringsca.gov/government/covid-19-updates</a>	COVID-19 Alerts and Information	April 6, 2020	
South County	City of Lake Elsinore	<a href="http://www.lake-elsinore.org/city-hall/public-safety/covid-19-info">http://www.lake-elsinore.org/city-hall/public-safety/covid-19-info</a>	The COVID-19 situation is changing regularly. The City continues to closely monitor guidance from the local, state and federal level to best protect our community. In a public health emergency, like this, the County's Public Health Department is the lead agency and the City serves in a supportive role. The City of Lake Elsinore remains regularly engaged. We have a plan, we are prepared and we will do everything we can to ensure the health and safety of our residents. Please stay informed and remain vigilant during this rapidly evolving, unprecedented time.	April 6, 2020	
Desert	La Quinta	<a href="https://www.laquintaca.gov/residents/public-safety-services/covid-19-resources-information">https://www.laquintaca.gov/residents/public-safety-services/covid-19-resources-information</a>	COVID 19 Resources & Information	April 6, 2020	
North County	Jurupa Valley	<a href="https://www.jurupavalley.org/425/COVID-19">https://www.jurupavalley.org/425/COVID-19</a>	City Leaders are actively monitoring the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies. The lead national agency is the Federal Government, who is working closely with the Centers for Disease Control and Prevention (CDC). The lead local agency for this public health matter is the Riverside County Department of Public Health. For more information about COVID-19 including guidelines, business planning resources, and local updates, please visit this page frequently. Please note, this is a rapidly evolving situation and the risk assessment may change daily, if not hourly.	April 6, 2020	

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East County	City of Hemet	<a href="http://hemetca.gov/967/COVID-19-Coronavirus">http://hemetca.gov/967/COVID-19-Coronavirus</a>	The City of Hemet is monitoring the status of COVID-19 and is implementing the necessary measures to ensure the safety of staff and the community. We are working closely with our partner agencies to ensure that the public is well informed and continues to have access to public services.	April 6, 2020	
Desert	Indio	<a href="https://www.indio.org/your_government/preparedness_prog/covid_19.htm">https://www.indio.org/your_government/preparedness_prog/covid_19.htm</a>	The City of Indio is actively monitoring input from local, state and national health officials to assess the health risks of COVID-19, and update those risks to stakeholders. Additionally, we are in contact with Riverside County Public Health, which facilitates conference calls and sharing information with partner agencies.	April 6, 2020	
East County	City of Moreno Valley	<a href="http://www.moval.org/coronavirus/">http://www.moval.org/coronavirus/</a>	Find local resources and trusted sources of information as well as links to best practices, business information, coronavirus testing information, important contacts, special activities, and more	April 6, 2020	
Desert	City of Banning	<a href="https://banningca.gov/606/COVID-19-Coronavirus-Alerts">https://banningca.gov/606/COVID-19-Coronavirus-Alerts</a>	Alerts, Links and Information	April 6, 2020	
North County	City of Norco	<a href="http://www.norco.ca.us/">http://www.norco.ca.us/</a>	As we face the challenging, unprecedented situation that COVID-19 presents, the City of Norco continues to operate and serve the community by providing essential services electronically and telephonically and maintaining full staffing levels at the Norco Sheriff's Station and CAL FIRE/Riverside County Fire Department Fire Stations.	April 6, 2020	
South County	City of Perris	<a href="http://www.cityofperris.org/livewell/covid19.html">http://www.cityofperris.org/livewell/covid19.html</a>	The City is closely monitoring the situation and following the recommendations provided by the State Governor, Riverside County Department of Public Health, and the CDC, Center for Disease Control and Prevention, guidelines. The information provided on COVID-19 changes rapidly.	April 6, 2020	
South County	City of Corona	<a href="https://www.coronaca.gov/i-want-to/learn-more-about/coronavirus">https://www.coronaca.gov/i-want-to/learn-more-about/coronavirus</a>	As the COVID-19 situation evolves, the City of Corona continues to develop ways to connect local organizations offering resources to other community groups and residents who need them. In order to help facilitate resource connections, the City of Corona has launched donation intake forms.	April 6, 2020	
Desert	Beaumont	<a href="https://www.beaumontca.gov/1113/Novel-Coronavirus-COVID-19">https://www.beaumontca.gov/1113/Novel-Coronavirus-COVID-19</a>	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Beaumont as a local government agency remains closely engaged with our County Health and emergency management partners. The health and safety of the citizens and City employees is our paramount concern. City services are being modified in order to provide a safe environment while maintaining basic services throughout the crisis. Your patience and understanding are appreciated.	April 6, 2020	
East County	San Jacinto	<a href="https://sanjacintoca.hosted.civiclive.com/community/Covid19">https://sanjacintoca.hosted.civiclive.com/community/Covid19</a>	COVID-19" or the "coronavirus" continues to generate concern globally, and within our local communities. The City encourages residents to monitor Riverside County Public Health for the latest updates in our region <a href="https://rivcoph.org/coronavirus">https://rivcoph.org/coronavirus</a> .	April 6, 2020	
Mid County	City of Riverside	<a href="https://www.riversideca.gov/press/information-regarding-covid-19-coronavirus">https://www.riversideca.gov/press/information-regarding-covid-19-coronavirus</a>	City Leaders are actively engaged in the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies.	April 6, 2020	

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South County	City of Wildomar	<a href="http://www.cityofwildomar.org/cms/one.aspx?portalId=9894827&amp;pageId=16546156">http://www.cityofwildomar.org/cms/one.aspx?portalId=9894827&amp;pageId=16546156</a>	COVID-19 Resources and Updates	April 6, 2020	
All Regions	Riverside County Department of Public Social Services (DPSS)	1-877-410-8827	In an effort to stop the spread of COVID-19, our offices are temporarily closed to the public except for a limited number of customers and visitors who must be seen in person. This measure is necessary to protect the public and our employees. Some offices will remain open for restricted access to individuals without a phone who are homeless or require immediate need or expedited services. Customers are strongly encouraged to use online and telephone services. DPSS is encouraging its new and existing customers to apply for benefits and services through our website and call centers.	April 8, 2020	
South County	Rose Again Foundation	Maria@RoseAgainFoundation.org 951-970-2518	Providing services to foster children & emancipated fosters in Temecula & Murrieta.	April 10, 2020	
All Regions	California Coronavirus (COVID-19) Response	<a href="https://covid19.ca.gov/">https://covid19.ca.gov/</a>	Most current up to date information about COVID-19, California's response to the virus, and resources.	April 10, 2020	
All Regions	Riverside County Office of Education	<a href="https://www.rcoe.us/">https://www.rcoe.us/</a>	Current and up to date information and resources about COVID-19.	April 14, 2020	
East County	Chuck Washington -- 3 District Supervisor Riverside County	<a href="https://supervisorchuckwashington.com/community-resources/">https://supervisorchuckwashington.com/community-resources/</a>	COVID-19 Resources and Updates	April 14, 2020	
All Regions	HOPE Collaborative	<a href="https://www.hopecollaborative.org/resources/general-info">https://www.hopecollaborative.org/resources/general-info</a>	HOPE Collaborative Team finds resources for our community's families, and during this time of Sheltering in Place and Homeschooling these resources are a helpful tool. You can always access COVID-19 resources and community resources through the website.	April 21, 2020	
All Regions	CA MAP Inclusion & Belonging	<a href="https://cainclusion.org/camap/map-project-resources/ca-teaching-pyramid/">https://cainclusion.org/camap/map-project-resources/ca-teaching-pyramid/</a>	The mission of the MAP to Inclusion & Belonging... Making Access Possible, is to create a statewide system of support, training and resources that gives all families and providers barrier-free access to inclusive child care.	May 5, 2020	
All Regions	Junior League Riverside (Diaper Bank)	<a href="http://www.juniorleagueriverside.org/communityimpact/diaper-bank">http://www.juniorleagueriverside.org/communityimpact/diaper-bank</a>	The Junior League of Riverside, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. We reach out to women of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism	May 7, 2020	
Riverside Unified School District Families and near communities	Riverside Unified School District	<a href="http://riversideunified.org/parents/family_resource_center">http://riversideunified.org/parents/family_resource_center</a>	The RUSD Family Resource Center's Mission is to "Improve student learning and development, strengthen family practices, and leverage school programs by integrating resources and services from the community". Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance. Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance.	May 27, 2020	

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All Regions	United Way of the Inland Valleys	<a href="https://connectriverside.org/coronavirus2019/">https://connectriverside.org/coronavirus2019/</a>	Hear the latest information about COVID-19. Callers are also able to get referrals for local services including food, shelter, and other health related issues. Partners with the County's Public Health Department to provide the most up-to-date information on our website, our social media channels, and on our helpline, which is available 24 hours a day, 365 days a year in over 200 languages	March 21, 2020	
All Regions	Inland SoCal COVID-19 Fund	<a href="https://uwiv.org/covid-fund-requests-(must-apply-online)">https://uwiv.org/covid-fund-requests-(must-apply-online)</a>	<del>Funding for direct assistance will be available BASED ON CONTRIBUTIONS RECEIVED. United Way is not able to guarantee funding beyond what is received in this fundraising effort.</del>	March 21, 2020	April 6, 2020
All Regions	California Tenents (renters)	<a href="https://caanet.org/coronavirus-resources-for-navigating-the-outbreak/">https://caanet.org/coronavirus-resources-for-navigating-the-outbreak/</a>	CAA is working around the clock to keep our members and the general public informed. This website is being updated daily, and you are encouraged to bookmark this page and visit it for answers to many of your questions related to this crisis. If California renters are not able to pay rent due to financial or medical circumstances caused by the coronavirus pandemic, they are entitled to a delay of an eviction through May 31. To qualify, renters need to prove they've been laid-off, lost their job or hours at work because of COVID-19. Those who have had to care of children whose schools are closed or family members with COVID-19, also qualify. Renters must notify their landlords in writing no later than seven days after their rent is due, so by April 8 or May 8, to communicate they're unable to pay. Now come June 1, tenants could be evicted if they didn't pay rent in April or May.	March 21, 2020	
All Regions	WIC	<a href="https://www.rivhero.com/">https://www.rivhero.com/</a>	WIC is still processing claims and increased staffing at their call centers to assist with answer calls. All WIC sites will be closed effective Tuesday, March 17, 2020 through Thursday, April 30, 2020. We are remotely serving all participants and clients. Our WIC Call Center is experiencing a high volume of calls. Please stay on the line and someone will be with you as soon as possible. If you are having difficulty getting through to the line, please try texting or calling again. State WIC is working with WIC vendors to address the availability of WIC foods and formula.	March 21, 2020	
All Regions	Unemployment Assistance	<a href="https://www.edd.ca.gov/Unemployment/UI_Online.htm">https://www.edd.ca.gov/Unemployment/UI_Online.htm</a>	Due to current events, we are experiencing a large increase in claims filed and are extending our staff resources to keep up with the demand. For faster service, use UI Online to file your claim, certify for benefits, and get payment information. Thank you for your patience.	March 21, 2020	
All Regions	Credit Card Assistance	Call your creditor. Also refer to: <a href="https://www.theimpledollar.com/financial-wellness/coronavirus-financial-assistance/">https://www.theimpledollar.com/financial-wellness/coronavirus-financial-assistance/</a>	A number of credit card companies, including Citi, PNC Bank, Wells Fargo, Capital One and others, announced they're willing to work with customers facing financial difficulties as a result of COVID-19. If you're unable to make your payment, call your credit card issuers right away for assistance.	March 21, 2020	

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Regions Vary	Electricity Assistance	<a href="https://www.sce.com/safety/coronavirus">https://www.sce.com/safety/coronavirus</a>	Southern California Edison: The utility is suspending disconnections for nonpayment and waiving late fees "for residential and business customers impacted by the COVID-19 emergency."	March 21, 2020	
Desert	Economic Protection Plan	<a href="https://www.liftdorise.org/protection">https://www.liftdorise.org/protection</a>	Together, we are working to create an emergency economic preparation and protection plan for our region. Our goal is to connect all eligible families and residents to every currently available form of public assistance in order to keep our neighbors housed, fed, healthy, and secure. Below please find resources with information about housing, health, utilities, food, education, workers benefits, and small businesses. For general questions, please email <a href="mailto:eppsupport@liftdorise.org">eppsupport@liftdorise.org</a> .	March 21, 2020	
Regions Vary	Western Municipal Water District	<a href="https://www.wmwd.com/523/COVID-19">https://www.wmwd.com/523/COVID-19</a>	As the situation surrounding the COVID-19 (Coronavirus) outbreak continues to rapidly evolve, Western knows that daily lives are being directly impacted. At Western Municipal Water District, we are committed to a culture of service that ensures operational continuity with excellent customer service. We have been closely monitoring local, regional, state and federal updates and public health recommendations surrounding the outbreak and will continue to provide you important information about your services.	April 6, 2020	
All Regions	Community Action Partnership	<a href="https://www.capriverside.org/Program">https://www.capriverside.org/Program</a>	Utility Assistance; Weatherization; Home saving Program;	4/10/2020 Link Updated 5/19/2020	
All Regions	RIVERSIDE COUNTY ECONOMIC DEVELOPMENT	(951) 955-0493	THE CORONAVIRUS OUTBREAK HAS GLOBAL HEALTH CONSEQUENCES, AND IT PUTS MANY SMALL BUSINESSES AT ECONOMIC RISK. IF YOUR BUSINESS IS STRUGGLING FINANCIALLY DUE TO THE CORONAVIRUS, RIVERSIDE COUNTY IS HERE TO PROVIDE RESOURCES THAT CAN HELP.	April 10, 2020	
All Regions	Riverside County Work Force Development Centers	<a href="http://rivcoworkforce.com/COVID-19Resources.aspx">http://rivcoworkforce.com/COVID-19Resources.aspx</a>	Due to the Coronavirus (Covid-19) outbreak, the Riverside County America's Job Centers of California are currently closed to all in-person services until further notice. However, the Workforce Development Center, State of California Employment Development Department (EDD), and partner staff are committed to providing services via phone, e-mail, and online	April 10, 2020	
All Regions	California Public Utilities Commission	<a href="https://www.cpuc.ca.gov/covid19protections/">https://www.cpuc.ca.gov/covid19protections/</a>	A list of consumer protection provisions enacted in response to the COVID-19 outbreak in California. This list covers both Investor Owned Utilities (IOUs), which are regulated by the California Public Utilities Commission (CPUC), and Publicly Owned Utilities (POUs). Please visit your specific utility's webpage for more specific information about protections and benefits available to you.	April 10, 2020	

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East County	Valley Community Pantry	<a href="https://www.vcpcares.org/how-we-help/">https://www.vcpcares.org/how-we-help/</a>	EMERGENCY SHELTER, RENT AND UTILITY ASSISTANCE. In addition to food, the Community Pantry receives funds from various grants and agencies. When funds are available we are able to provide emergency shelter and rent assistance, as well as assistance for electricity, gas and water utility bills by appointment only. For more information and requirements please visit our office.	April 14, 2020	
All Regions	California Air Resources Board	<a href="http://www.cleanvehiclegrants.org/">http://www.cleanvehiclegrants.org/</a>	The Clean Vehicle Assistance Program provides grants and affordable financing to help income-qualified Californians purchase or lease new or used hybrid and electric vehicles. Residents who meet the income eligibility requirements can receive a grant and may also be eligible for a charging station grant.	June 17, 2020	
All Regions	Replace Your Ride	(855) 483-5107 www.ReplaceYourRide.com	Save up to \$9,500 when replacing an older polluting vehicle with a clean fuel-efficient vehicle. The Enhanced Fleet Modernization Program assists lower-income consumers with the purchase of a clean vehicle OR alternative mobility options such as transit passes.	June 17, 2020	
All Regions	AT&T	English (855)220.5211 - Spanish (855) 220.5225	AT&T is offering low-cost wireline home Internet service to qualifying households:  · Who have at least one resident who participates in the Supplemental Nutrition Assistance Program (SNAP) within the AT&T's 21-state service area.  · If you are a California resident and at least one member of your household receives Supplemental Security Income (SSI) benefits, you also may qualify based on the same requirements that apply to SNAP participants.	July 23, 2020	
All Regions	Frontier	For requirements and information: 1.800.794.4741	Frontier offers CALIFORNIA LIFELINE DISCOUNT PROGRAM. Frontier is committed to helping qualified low-income individuals pay for telephone or qualified internet services. Lifeline service is a non-transferable (from one person to another) government assistance program that provides a discount on the cost of monthly telephone or qualified internet access service. Lifeline is limited to one discount per household and only eligible customers may enroll.	July 23, 2020	
All Regions	Spectrum	To sign up call: 1-833-694-9256	High-Speed Internet at an affordable price. To qualify for Spectrum Internet Assist, a member of the household must be a recipient of one of the following programs:  - The National School Lunch Program (NSLP); free or reduced cost lunch  - The community Eligibility Provision (CEP) of the NSLP  - Supplemental Security Income (> age 65 only)	July 23, 2020	

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South County	Neighborhood Healthcare	Call 1-833-867-4642 <a href="https://www.nhcare.org/">https://www.nhcare.org/</a>	Family Medicine, Actue Vists. Prenatal care, Womens Health, Chiropractor, Acupuncture	March 15, 2020	
South County	MHAoSf	855-845-7415 and chat at: <a href="https://www.mentalhealthsf.org/peer-run-warmline/">https://www.mentalhealthsf.org/peer-run-warmline/</a>	Mental Health Peer Warmline in response to COVID-19	3/16/2020	
South County	SAFE Family Justice Center	Temecula (951) 587-3900 Murrieta (951) 304-5680	Case Management & Assistance for Victims of Crime; over phone services & groups cancelled	March 16, 2020	
South County	Community Mission of Hope	951-444-1404 or <a href="mailto:info@cmoh.net">info@cmoh.net</a>	Food Pantry & Case Management	March 16, 2020	
South County	Birth Choice of Temecula	951-296-3441, <a href="mailto:contact@birthchoice.center">contact@birthchoice.center</a> , <a href="http://www.birthchoicecenters.org">www.birthchoicecenters.org</a>	PregnancyCenter, Material Assistance babies 0-2yrs, pregnancy testing/decision counseling	March 28, 2020	
South County	Hope Learning Academy	951-244-5038, <a href="mailto:pastorpaul@atriskhope.com">pastorpaul@atriskhope.com</a>	At-risk Youth Intervention (9-12), Parent Coaching & Education, NA, AA	March 28, 2020	
South County	Trauma Intervention Programs(TIP)	951-698-2453, <a href="http://www.tipswrc.org">www.tipswrc.org</a>	Emotional and practical support to survivors of Traumatic Event	March 28, 2020	
All Regions	National Alliance on Mental Illness (NAMI)	(800) 950-6264, <a href="https://www.nami.org/covid-19-guide">https://www.nami.org/covid-19-guide</a>	The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI has over 600 state organizations and affiliates across the nation.	April 6, 2020	
All Regions	Riverside University Health System – Public Health	<a href="https://rivcoph.org/coronavirus">https://rivcoph.org/coronavirus</a>	One of the most important ways we have to combat the spread of illness like coronavirus is through education and information from reliable sources. It's vital that we provide science-based details about how the illness is spread, as well as updates on what health officials are doing to protect the health of residents of Riverside County. This webpage was created to provide you with information about our preparedness activities and the latest news and updates about coronavirus and related issues from reputable sources like the Centers for Disease Control and Prevention (CDC). We understand there is anxiety during uncertain times, but RUHS – PH wants you to know we are working to protect the community's health.	April 6, 2020	
All Regions	Riverside Community Hospital	<a href="https://riversidecommunityhospital.com/covid-19/">https://riversidecommunityhospital.com/covid-19/</a>	With coronavirus (COVID-19), the safety of Riverside Community Hospital patients and visitors remains our top priority. We regularly treat patients with infectious diseases and our clinical teams are highly trained in infection prevention protocols. Riverside Community Hospital is closely monitoring COVID-19 developments in partnership with our local and state health departments and the U.S. Centers for Disease Control (CDC).	April 6, 2020	
All Regions	Caifornia Department of Health	<a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/immunization/ncov2019.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/immunization/ncov2019.aspx</a>	COVID-19 Updates	April 6, 2020	
All Regions	Community Health Association	<a href="https://chair.org/covid-19-resources/">https://chair.org/covid-19-resources/</a>	Resources and Updates	April 6, 2020	
All Regions	Voices for Children (CASA)	951-472-9301, <a href="mailto:rcvolunteer@speakupnow.org">rcvolunteer@speakupnow.org</a>	Court Appointed Special Advocate volunteers for youth in foster care	April 10, 2020	
All Regions	Office On Aging(GRG Program)	1-800-510-2020, 951-867-3800	Referrals, Resources, phone consults,Advocacy, Casemanagement Grandparents Raising Grandchildren	April 10, 2020	

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All Regions	Safe Families for Children - Olive Crest	714-543-5437 x1234 (hotline)	Child abuse prevention for families in crisis. (homelessness, domestic violence, substance abuse, etc.) safe-families.org for more info.	April 10, 2020	
All Regions	Therapist Aid	<a href="https://www.therapistaid.com/worksheets/mandalas">https://www.therapistaid.com/worksheets/mandalas</a> . <a href="https://www.therapistaid.com/worksheets/mindfulness-exercises.pdf">https://www.therapistaid.com/worksheets/mindfulness-exercises.pdf</a>	Mandalas - Art therapy for Stress & Anxiety	April 10, 2020	
All Regions	National Council for Behavioral Health	<a href="https://www.thenationalcouncil.org/covid19/">https://www.thenationalcouncil.org/covid19/</a>	For more than 50 years, we have been working to promote health and wellness among our staff, stakeholders, members and the communities they support. With recent news of the novel coronavirus (COVID-19) inviting a heightened sense of uncertainty and apprehension, that commitment has never been stronger. In this time of confusion, there is hope. And there is help. You are not alone. There are 3,325 member organizations that, like you, are working to keep their doors open, their staff safe and their communities healthy. To help you navigate this rapidly evolving situation, we are building a coronavirus resource directory and sharing tools and information to inform you every step of the way.	April 10, 2020	
All Regions	Mental Health America	<a href="https://mhanational.org/covid19">https://mhanational.org/covid19</a>	As the number of cases of COVID-19 increase, so does the associated anxiety. For the general public, the mental health effects of COVID-19 are as important to address as are the physical health effects. And for the one in five who already have mental health conditions – or the one in two who are at risk of developing them – we need to take personal, professional, and policy measures now to address them. To aid individuals and communities during this time, MHA has compiled a range of resources and information.	April 10, 2020	
South County	Community Outreach of Murrieta	<a href="https://communityoutreachofmurrieta.com/catholic-Citizenship/ImmigrationPrograms">https://communityoutreachofmurrieta.com/catholic-Citizenship/ImmigrationPrograms</a> : 909-388-1239	Family / Community Assistance Programs, Casework, Emergency Assistance and Basic Needs	April 14, 2020	
South County	Community Mission of Hope	<a href="https://www.cmo.net/">https://www.cmo.net/</a>	prayer and a listening ear - if you need anything please contact our office Mon - Fri 10:00am-12:00pm	April 14, 2020	
All Regions	National Center for School Crisis and Bereavement (NCSCB)	info@schoolcrisiscenter.org	Materials and guidance for schools experiencing crises or helping grieving students. Resources and guidelines to prepare to support children in times of crisis and loss.	May 7, 2020	
All Regions	Coalition to Support Grieving Students	<a href="https://grievingstudents.org/">https://grievingstudents.org/</a>	The Coalition offers a wide range of free, video-based and print resources	May 7, 2020	
All Regions	Promoting Adjustment and Helping Children Cope— American Academy of Pediatrics	<a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-and-Disasters/Pages/Promoting-Adjustment-and-Helping-Children-Cope.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Children-and-Disasters/Pages/Promoting-Adjustment-and-Helping-Children-Cope.aspx</a>	Resources for meeting children's needs during these times and promoting adjustment and helping children cope.	May 7, 2020	



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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South and North County	Loma Linda University Health	<a href="https://lluh.org/behavioral-health?resource=llubmc.org/">https://lluh.org/behavioral-health?resource=llubmc.org/</a>	The COVID-19 pandemic has changed day to day life for us all and has brought on many stressful challenges. Chances are, you or someone you know may be suffering from anxiety, depression, addiction or an eating disorder. We are here to remind you that you are not alone. Loma Linda University Behavioral health aims to raise the awareness of mental health issues and wants to let people know its okay to seek help. We've adjusted our services and now offer video visits to provide you with the support and care you deserve. Our center offers the full spectrum of behavioral healthcare treatment and services to fit your needs, with a variety of programs in both Redlands and Murrieta. Call or visit the website. Substance use recovery, MEND Program, Eating Disorders Program, Adult Programs, Youth Programs, and Outpatient Therapy Services.	May 19, 2020	
All Regions	Online Counseling Programs Powered by U2 Inc	<a href="https://onlinecounselingprograms.com/resources/ultimate-guide-to-mental-health-and-education-resources/">https://onlinecounselingprograms.com/resources/ultimate-guide-to-mental-health-and-education-resources/</a>	To support the growing needs of children and teens, OnlineCounselingPrograms.com has researched all over the internet for resources on mental health and education related topics from sexual identity to study skills. We've created an ultimate resource of lists, articles, guides, videos, and more to help parents, teachers, professionals, and children and teens themselves to assist in social, academic, behavioral, and emotional development.	May 27, 2020	
All Regions	California Parent & Youth Helpline	<a href="https://caparentyouthhelpline.org/">https://caparentyouthhelpline.org/</a>	Parents Anonymous® Inc. is the oldest family strengthening organization started by a courageous Mom and a Social Worker in 1969 in Los Angeles by developing the first and only Evidence-Based Weekly Support Groups for Parents, and their Children & Youth. We are celebrating the Launch of the California Parent & Youth Helpline to address the stress and concerns of the COVID -19 Virus impacting your family.	May 29, 2020	
All Regions	APPS to Help w/Mental Health: Common Sense Media	<a href="https://www.common sense media.org/lists/apps-to-help-with-mental-health?utm_source=edu_nl_20200527_quarterly_family_engagement&amp;utm_medium=email">https://www.common sense media.org/lists/apps-to-help-with-mental-health?utm_source=edu_nl_20200527_quarterly_family_engagement&amp;utm_medium=email</a>	Obviously, for tweens and teens in crisis, there's no substitute for face-to-face intervention and professional help. However, since phones are tools most teens use, they can offer timely resources and help for those who need it. Aside from general health apps, these tools focus specifically on coping with anxiety, depression, and specific difficult circumstances via meditation, connection, and other techniques. While some are focused on an individual's experience, others offer chat and the option to find a therapist. Especially when used in conjunction with other approaches, these apps might offer teens a little peace of mind.	May 29, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All Regions	The Center for Child Welfare Trauma-Informed Policies, Programs, and Practices (TIPs Center)	<a href="https://www.tipscenter.org/">https://www.tipscenter.org/</a>	The third edition of the CWTTT was updated and released in March 2020 by the TIPs Center in collaboration with the National Child Traumatic Stress Network (NCTSN). The CWTTT is a training series designed to support the infusion of trauma-informed knowledge and skills into child welfare organizational cultures, at all levels and among all roles, resulting in positive sustainable changes in the policies, programs, and practices which lead to better outcomes for children and families served by these systems. It is a publicly available and can be downloaded for free. In addition to the training curricula, there is also a Tips for Facilitators and an Implementation Guide to support systems and facilitator's in implementing and delivering the CWTTT.	June 15, 2020	
All Regions	JSI RESOURCES: PUBLICATIONS	<a href="https://www.jsi.com/resource/survivor-stories-to-build-partnerships-tools-for-domestic-violence-service-providers/">https://www.jsi.com/resource/survivor-stories-to-build-partnerships-tools-for-domestic-violence-service-providers/</a>	The connection between domestic violence (DV), social determinants of health, and other pressing issues may not always be clear to potential partners who do not work in the DV/trauma prevention fields. JSI developed a set of tools for domestic violence service providers—in the form of stories—to address this gap. The first three stories depict the connection between DV and a key social issue (housing instability, economic insecurity, or childhood adversity). The fourth story makes the case for health care providers to employ a universal education approach to prevent and respond to domestic violence. These tools have been designed to help potential partners, collaboratives, and funders to better understand the connection between DV and their focus area, and to motivate them to take action through partnership. Each tool is meant to be downloaded and customized with DV providers' organizational information.	June 15, 2020	
All Regions	National Domestic Violence Hotline	<a href="https://www.thehotline.org/healthy-relationships/healthy-conflict-resolution/">https://www.thehotline.org/healthy-relationships/healthy-conflict-resolution/</a>	<b>Healthy Conflict Resolution</b> Conflicts, such as verbal disagreements and arguments, happen in every healthy relationship. While conflict is normal, it could also be a sign that parts of your relationship aren't working. Healthy communication skills are the key to resolving conflict respectfully. When conflict arises, the tips below can help you resolve these arguments in a healthy way:	June 15, 2020	
All Regions	Early Childhood Knowledge and Learning Center	<a href="https://eclkc.ohs.acf.hhs.gov/publication/childrens-responses-crises-tragic-events">https://eclkc.ohs.acf.hhs.gov/publication/childrens-responses-crises-tragic-events</a>	Infants, toddlers, preschoolers, and young children who experience a tragic event may show changes in their behaviors. They also may be indirectly affected by a crisis through what they hear or see on TV. In this tip sheet, learn what families and staff might see in children's responses to a crisis. Also, find additional resources about this topic.	June 17, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All Regions	Early Childhood Knowledge and Learning Center	<a href="https://eclkc.ohs.acf.hhs.gov/mental-health/article/building-resilience-cope-stress-trauma">https://eclkc.ohs.acf.hhs.gov/mental-health/article/building-resilience-cope-stress-trauma</a>	Ongoing research shows that adversity and high levels of stress in early childhood can have a negative impact on a person's life. Stress can affect a child's health, behavior, and ability to learn. However, adults can encourage resilience in young children and in themselves. Resilience is the ability to cope with the stress caused by challenging situations. Find resources below that can help caregivers and families understand the signs and dangers of stress in young children. Learn about strategies to promote resilience and support positive outcomes.	June 17, 2020	
All Regions	Child Mind Institute	<a href="https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/">https://childmind.org/article/racism-and-violence-how-to-help-kids-handle-the-news/</a>	Racism and Violence: How to Help Kids Handle the News Supporting your children during scary times	June 17, 2020	
All Regions	NBC News Learn	<a href="https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism">https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism</a>	How to Talk to Kids about Race and Racism There's no question: talking about race can be sensitive, and yes, even a bit messy.	June 17, 2020	
All Regions	Common Sense Media	<a href="https://www.common Sense Media.org/blog/5-signs-of-screen-overload-and-how-to-handle-them?j=7837864&amp;sfmc_sub=171782805&amp;l=2048712_HTML&amp;u=148057695&amp;mid=6409703&amp;jb=306&amp;utm_source=media_nl_20200617&amp;utm_medium=email">https://www.common Sense Media.org/blog/5-signs-of-screen-overload-and-how-to-handle-them?j=7837864&amp;sfmc_sub=171782805&amp;l=2048712_HTML&amp;u=148057695&amp;mid=6409703&amp;jb=306&amp;utm_source=media_nl_20200617&amp;utm_medium=email</a>	5 Signs of Screen Overload--and How to Handle Them From poor sleep to headaches, signs that it's time for kids to take a break can take many forms.	June 17, 2020	
All Regions	Scholastic	<a href="http://teacher.scholastic.com/education/coronavirusworkbook/index.html">http://teacher.scholastic.com/education/coronavirusworkbook/index.html</a>	This is a stressful time for families and children. We want to give comforting answers, yet we are looking for comfort ourselves. At a time when we all need hugs and closeness, we are asked to maintain distance.  We've designed this workbook to be used flexibly so you can bridge the gaps created by our changing circumstances. Share it with your child for activities and as a conversational tool. You can also encourage an older child to work with a younger sibling, or go to a calming corner and reflect independently.  We believe that your family will form bonds through these shared activities that lead to greater resilience. And we hope that the emotional resources your children develop will serve them well in this time of crisis, and in months and years ahead.	July 14, 2020	
All Regions	State of California	<a href="https://covid19.ca.gov/manage-stress-for-health/">https://covid19.ca.gov/manage-stress-for-health/</a>	Manage stress for health. Simple guide and other resources to manage stress and mental health.	July 22, 2020	
All Regions	State of California	<a href="https://files.covid19.ca.gov/pdf/caregivers_and_kids_california_surgeon_general_stress_busting_playbook_draft_v2_clean_ada_04072020v2.pdf">https://files.covid19.ca.gov/pdf/caregivers_and_kids_california_surgeon_general_stress_busting_playbook_draft_v2_clean_ada_04072020v2.pdf</a>	Many of us are feeling a lot of stress right now. Even for adults, it can be tough to recognize that what we feel as irritability, difficulty focusing, insomnia or changes in appetite can actually be signs that are bodies are feeling the effects of stress. For kids, no matter the age, their brains and bodies are even more vulnerable to the harmful effects of stress than adults, and most often, they aren't able recognize or verbalize it. Stress in kids may show up differently than our stress as adults does. This Stress-Busting Playbook can help you understand what to look out for and what you can do to protect your family's health.	July 22, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All Regions	Substance Abuse and Mental Health Services Administration	<a href="https://www.samhsa.gov/find-help/disaster-distress-helpline">https://www.samhsa.gov/find-help/disaster-distress-helpline</a>	SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.	July 22, 2020	
All Regions	California Hope	<a href="https://calhope.dhcs.ca.gov/">https://calhope.dhcs.ca.gov/</a>	Are you frustrated? Stressed? Worried? Then call to talk with people like yourself and get emotional support and coping tricks. We can connect you with resources to help during these uncertain times.	July 22, 2020	
All Regions	California Coalition for Youth	<a href="https://calyouth.org/cycl/">https://calyouth.org/cycl/</a>	The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community. We have access to more than 5,500 free or low-cost resources for youth and families across California.	July 22, 2020	
All Regions	Teen & Youth Hotline	<a href="https://teenlineonline.org/talk-now/">https://teenlineonline.org/talk-now/</a>	Due to the current COVID-19 health crisis, our phone lines have temporarily closed. If you call our hotline, you will be transferred to Didi Hirsch's Suicide Prevention Center. To speak to a teen, please text or email us. We apologize for this inconvenience.	July 22, 2020	
All Regions	Veterans Crisis Line	<a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a>	The Veterans Crisis Line is a free, confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care. The caring, qualified responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances.	July 22, 2020	
All Regions	Institute on Aging	<a href="https://www.ioaging.org/services/all-inclusive-health-care/friendship-line">https://www.ioaging.org/services/all-inclusive-health-care/friendship-line</a>	Institute on Aging's 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. We also make on-going outreach calls to lonely older adults. While there are other organizations that respond to the needs of people who may be contemplating suicide, none provides the type of services that IOA's Friendship Line offers to respond to the public health problem of suicide among the elderly.	July 22, 2020	
All regions	Centers for Disease Control and Prevention	<a href="https://www.cdc.gov/childrenindisasters/helping-children-cope.html">https://www.cdc.gov/childrenindisasters/helping-children-cope.html</a>	The following tips and handouts can help reduce stress before, during, and after a disaster or traumatic event.	July 22, 2020	
All regions	Centers for Disease Control and Prevention	<a href="https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html">https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html</a>	The following tips and handouts can help with coping with stress before, during, and after a disaster or traumatic event.	July 22, 2020	
All regions	Center for Early Childhood Mental Health Consultation	<a href="https://www.ecmhc.org/relaxation.html">https://www.ecmhc.org/relaxation.html</a>	Resources on reducing Stress. Stress is natural and can be inevitable. But stress can take a toll on your health and effectiveness as an early childhood educator or parent. It impacts the quality of care that you can give. When you are too stressed it is difficult to offer the praise, nurturance, and structure your children need.	July 22, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	National Association of School Psychologists	<a href="https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19">https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19</a>	Helping Children Cope With Changes Resulting From COVID-19	July 22, 2020	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
North County	Alvord Unified School District	<a href="http://district.schoolnutritionandfitness.com/alvordusd/files/School%20Feeding%20Time.pdf">http://district.schoolnutritionandfitness.com/alvordusd/files/School%20Feeding%20Time.pdf</a>	<p>Students and/or parents may pick up meals at any Alvord school, as long as a Student ID number is provided. Click link to see time schedule for school nearest to you.</p> <p>Los estudiantes y / o padres pueden recoger los alimentos en cualquier escuela de Alvord, siempre que se proporcione un número de identificación de estudiante.</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 8/12/2020</p>	
Desert	Banning Unified School District	<a href="https://www.banning.k12.ca.us/">https://www.banning.k12.ca.us/</a>	<p>Wednesday August 19th we will distribute 3 days worth of Breakfast and Lunch meals. The meal distribution will be as follows:</p> <p>Nicolet Middle School: 11:00 AM - 1:00 PM Coombs: 11:00 AM- 1:00 PM Cabazon: 11:00 AM - 1:00 PM Esperanza &amp; Elm: 11:00 AM - 11:30 AM Haugan-Lehmann &amp; Tamarack: 12:00 PM- 12:30 PM on 8/24/2020</p> <p>More Information coming soon. Check often on website for more information.</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 8/12/2020</p>	
Desert	Beaumont Unified School District	<a href="https://www.beaumontusd.us/apps/pages/index.jsp?uREC_ID=1078298&amp;type=d&amp;pREC_ID=1301068">https://www.beaumontusd.us/apps/pages/index.jsp?uREC_ID=1078298&amp;type=d&amp;pREC_ID=1301068</a>	<p>Meal Service Information for 2020-21 Where: All school sites (with the exception of Glen View HS) When: Monday through Friday 11:00 to 1:00 What do I need: The student pin number, or student ID, is required to receive meals at the schools How Does it Work: Students will receive 5 breakfast, 5 lunch, and 5 supper meals (total of 15 meals) for the week. Families may visit any school site ONCE per week (Monday through Friday) Cost: Lunch is \$3.00 per lunch (\$15 per week) for all paid students. As always, Breakfast and Supper are free to all students We are unable to accept payment of any kind for meals at the school sites Payments can be made online, in person at the Child Nutrition office, or by mail to: 350 W. Brookside Ave., Beaumont, CA 92223 Meal locations and service times are subject to change depending on participation</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 8/12/2020</p>	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Desert	Coachella Valley Unified School District	<a href="https://www.cvusd.us/">https://www.cvusd.us/</a>	<p>Meal distribution sites for all CVUSD students Thursday, August 13 /Jueves, Agosto 13 12 pm to 2 pm</p> <p>Coral Mountain Academy Westside Elementary Oasis Elementary Mecca Elementary Saul Martinez Elementary John Kelley Elementary Valle del Sol Elementary Cesar Chavez Elementary Mountain Vista Elementary Cahuilla Desert Academy Peter Pendleton Elementary Valley View Elementary Desert Mirage High School Las Palmitas/Toro Canyon Bobby Duke Middle/Palm View Elementary Seaview/West Shores HS Coachella Valley HS /La Familia HS</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 7/6/2020 Updates 8/14/2020</p>	
North/South County	Corona-Norco Unified School District	<a href="https://www.cnusd.k12.ca.us/cms/One.aspx?portalId=211960&amp;pageId=29560025">https://www.cnusd.k12.ca.us/cms/One.aspx?portalId=211960&amp;pageId=29560025</a>	<p>Beginning Tuesday, August 11th, CNUSD Grab &amp; Go feeding will take place curbside at all CNUSD school sites, on the first day of each week. Students will receive breakfast and lunch for each school day. Meals are no longer free for all students, and students will be charged the free or paid price depending on their eligibility for the school meal program. Students need not be present, but parents and/or students are required to provide valid CNUSD pin numbers for all meals, just as we do during the typical school year. A student may receive only one bag of food per week. Click link for locations and pick up times.</p> <p>Parents and/or Students can pick up meals at any CNUSD school site, and are not tied to their school of attendance.</p> <p>Prices</p> <p>Free: \$0</p> <p>Reduced: \$0</p> <p>Paid CNUSD student: \$25*</p> <p>Non-student/or adult: \$30*</p> <p>*exact amount only, cash or check is accepted</p> <p>Families are encouraged to fill out applications online at CNUSDnutrition.com, but paper applications will be available in your main office and district offices.</p>	<p>4/6/2020 Updates 6/15/2020 Updates 8/12/2020</p>	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
East County	Hemet Unified School District	<a href="https://www.hemetusd.org/">https://www.hemetusd.org/</a>	<p>HEMET UNIFIED SCHOOL DISTRICT today announced an amendment to its policy for serving meals to students under the National School Lunch and School Breakfast Programs for the 2020–21 school year. All students will be served lunch and breakfast at no charge at the following sites:</p> <p>Acacia Middle School Academy of Innovations Alessandro Continuation Bautista Creek Elementary Cawston Elementary Cottonwood K-8 Dartmouth Middle School Diamond Valley Middle School Fruitvale Elementary Hamilton K-8 Hamilton High School Harmony Elementary Hemet Elementary Hemet High School Idyllwild K-8 Jacob Wiens Elementary Little Lake Elementary McSweeny Elementary Ramona Elementary Rancho Viejo Middle School Tahquitz High School Valle Vista Elementary West Valley High School Whittier Elementary Winchester Elementary</p> <p>For additional information, please contact: Liz Ramos, Nutrition Services, 2075 West Acacia Avenue, Hemet, CA, 92545, (951) 765-5100 ext. 5302, <a href="mailto:eramos@hemetusd.org">eramos@hemetusd.org</a>.</p>	<p>4/6/2020 Updates 6/15/2020 dates 7/9/2020 Updates 8/12/2020</p>	
North County	Jurupa Unified School District	<a href="https://jurupausd.org/">https://jurupausd.org/</a>	<p>We will be serving breakfast and lunch from 11 am - 1 pm! Students, parents, guardians, or any other adult can pick up grab- n - go meals. Please have the student's ID number ready during pick-up. Served at all school sites, except: Glen Avon Elementary, Rubidoux High School, and Nueva Vista High School.</p>	<p>4/10/2020 Updates 6/15/2020 dates 7/9/2020 Updates 8/12/2020</p>	



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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Lake Elsinore Unfied School District	<a href="https://www.leusd.k12.ca.us/">https://www.leusd.k12.ca.us/</a>	<p>Beginning on August 18th, drive through Grab 'n Go school meals will be available for pick up every Tuesday and Thursday, from 8 a.m. until 9 a.m., at nine designated sites...for students who've prepaid via SchoolPay and students who have been approved for the 2020-21 free and reduced meal program...Read More</p> <p>Grab 'n Go School Meals for 2020-21</p> <p>Beginning Tuesday, August 18, curbside meal distribution will take place twice a week. Eligible students include those who have prepaid for meals using SchoolPay, and students who are approved for the free and reduced meal program.</p> <p><b>IMPORTANT! PLEASE READ!</b></p> <p>Students do not need to be present for meal pick up. Bring your Bar Code Letters, instead!</p> <p>Letters with Bar Codes to identify each student are being mailed to all families. Keep these in a safe place, so letter(s) can be brought with you each time meals are picked up!</p> <p>Bar Code letters for each student need to be brought with you whenever meals are picked up.</p> <p>For student households that qualify for free and reduced meals, you, too, must bring Bar Code letters with you for each child.</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 8/12/2020</p>	
South County	Menifee Union School District	<a href="https://www.menifeeusd.org/District/Department/152-GOVID-19-Information/News/2417-Kids-Eat-Free-This-Summer.html">https://www.menifeeusd.org/District/Department/152-GOVID-19-Information/News/2417-Kids-Eat-Free-This-Summer.html</a>	<p>Although Menifee USD is not offering a Summer Meal Program, you can still get meals. Text the word "FOOD" to 877-877 for the nearest location.</p>	<p><del>4/6/2020</del> <del>Updates</del> <del>5/19/2020</del> <del>Updates</del> <del>6/15/2020</del> <del>Updates</del> <del>7/9/2020</del> <del>Updates</del> <del>8/12/2020</del></p>	

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Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Mid County	Moreno Valley Unified School District	<a href="http://www.schoolnutritionandfitness.com/index.php?sid=1906091842471116">http://www.schoolnutritionandfitness.com/index.php?sid=1906091842471116</a>	<p>Effective August 12, "Grab &amp; Go" meals program will only be provided to students who are enrolled in our school district.</p> <p>Parents and/or students will need to present a MVUSD Meal Card (obtained from their assigned school) or student ID to receive a meal.</p> <p>Meal distribution will occur at all school sites EXCEPT Rainbow Springs and Canyon Springs High School. Canyon Springs students are directed to pick up meals at Vista Heights Middle School. Meals are at NO Cost to all students enrolled at MVUSD Elementary, Middle and Alternative Schools (Bayside, March, Moreno Valley Online Academy, Rainbow Springs Preschool and Alessandro). Students or Guardians must present with student ID or Meal Card to receive Grab &amp; Go Breakfast /Lunch sacks. Students enrolled at the four comprehensive high schools - Canyon Springs, Moreno Valley, Valley View &amp; Vista Del Lago - will be charged for meals based on their eligibility. Only those MVUSD students who are eligible to receive free/reduced meals based on their household income will receive meals at no charge. Students in "paid" eligibility for meal benefits will be charged accordingly. Students or Guardians must present with school ID or Meal Card to receive Grab &amp; Go Breakfast/Lunch sacks.</p> <p>Parents, Guardians or Children may pick up one breakfast and one lunch per day for each child in their household.</p>	8/14/2020	
South County	Murrieta Valley Unified School District	<a href="https://murrietaschoolnutrition.com/">https://murrietaschoolnutrition.com/</a>	<p>Meal Pack Pick Up – Starting Friday August 14th 2020 – Weekly on Thursdays thereafter 12:15 PM to 6 PM. Sites: Alta Murrieta Elementary, Antelope Hills Elementary, Avaxat Elementary, Buchanan Elementary, Cole Canyon Elementary, E. Hale Curran Elementary, Lisa J. Mails Elementary, Monte Vista Elementary, Murrieta Elementary, Rail Ranch Elementary, Tovashal Elementary, Shivela Middle, Thompson Middle, Warm Springs Middle, Murrieta High, Murrieta Mesa High and Vista Murrieta High. Families may pick up meals from a single school site for all students in the family. Reminder: Student ID or ID number will be required for all meals.</p>	3/16/2020 Updates 8/12/2020	
East County	Nuview Unified School District	<a href="https://www.nuviewusd.org/apps/pages/index.jsp?uREC_ID=1715094&amp;type=d&amp;pREC_ID=1882069">https://www.nuviewusd.org/apps/pages/index.jsp?uREC_ID=1715094&amp;type=d&amp;pREC_ID=1882069</a>	<p>Our Nutritional Services Department will continue providing a "Grab and Go" breakfast and lunch option at Nuview Elementary School for all children 18 years of age and younger in the District. Please note that the children must be present to receive the meal.</p> <p>Starting Monday, March 30th meals will be distributed on Monday of each week from 10 a.m. to 12 p.m. with breakfast and lunch distributed for ALL five days of the week at one time. We ask that you please have your car trunk open as you drive through and we will gladly place the meals in the trunk for you. Location: Nuview Elementary School, 29680 Lakeview Avenue, Nuevo, CA 92567.</p>	4/6/2020 Updates 6/15/2020	

# Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Perris Elementary School District	<a href="https://www.perrisesd.org/Page/111">https://www.perrisesd.org/Page/111</a>	<p>Nutrition Services is pleased to be providing curbside meal distribution on a weekly basis. During your pick-up time you will receive 5 breakfasts &amp; 5 lunches for each enrolled student. Students that have qualified for free meal will NOT be charged. Weekly charges are as follows WEEKLY REDUCED PRICE: \$ 3.50 and WEEKLY FULL PRICE (PAID STATUS): \$ 22.50. Students do not need to be present for meal pick up. If for some reason you are no able to pick-up at this location, please call our office. EASE FIND YOUR SCHOOL SITE AND SEE WHERE TO PICK-UP MEALS:</p> <p>Clearwater Elem. &amp; Palms Elem. &gt; PICK-UP at CLEARWATER                      Good Hope Elem. &amp; Enchanted Hills Elem. &gt; PICK-UP at GOOD HOPE                      Perris Elem. &amp; Railway Elem. &gt; PICK-UP at PERRIS ELEM.                      Sky View Elem. &amp; Palms Elem. &gt;&gt;&gt; PICK-UP at</p> <p>Date &amp; Time: EVERY WEDNESDAY / CADA MIERCOLES 9:00AM – 1:00PM</p>	4/6/2020 Updates 5/19/2020 dates 7/9/2020 Updates 8/14/2020	
South County	Perris Union High School District	<a href="http://terrabitescafe/en/pages/grab-and-go-meal">http://terrabitescafe/en/pages/grab-and-go-meal</a>	<p>2020-21 Grab and Go Meal Program                      TerraBites Cafe will be providing Grab and Go Meals every Friday from 7:30am to 1:30pm, beginning Friday August 7th. Meals will be provided to ALL students enrolled in the Perris Union High School District or California Military Institute. A student ID card or ID number, or the first and last name of the student must be provided to receive meals. Students do not need to be present. Families may go to either Pinacate Middle School, Perris High School, Heritage High School, or Paloma Valley High School to receive five breakfast and five lunch meals. Both curbside pickup and walk up service will be provided. Please remember to wear a face covering! Click on link for location information.</p>	4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 8/12/2020	
Desert	Palm Springs Unified School District	<a href="https://www.psusd.us/cms/lib/CA02204874/Centricity/ModuleInstance/60/20-21%20Meal%20Service.pdf">https://www.psusd.us/cms/lib/CA02204874/Centricity/ModuleInstance/60/20-21%20Meal%20Service.pdf</a>	<p>With the beginning of the new school year, we must follow the guidelines of the National School Lunch Program which allow us to feed only students enrolled at PSUSD schools. Look for your personalized family meal card in the mail. Curbside meal distribution are every Wednesday, 7:00 am to 8:30 am. Breakfast, lunch and supper included and meals are for enrolled students only. Present your personalized family meal card. If you have not received your meal card before August 5, you may take a screenshot of your student's clever badge(s) from ParentVUE and show that at the curbside pick up, or you may drive up and ask for assistance. Distribution at all Elementary Schools, Desert Hot Springs High, CCHS and JWMS.</p>	4/6/2020 Updates 5/19/2020 dates 7/9/2020 Updates 8/5/2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Desert	Find Food Bank	<a href="http://www.findfoodbank.org/find-food/food-distributions/">http://www.findfoodbank.org/find-food/food-distributions/</a>	Distribution times and locations are the responsibility of the hosting agency, independent of FIND, are subject to change and are often offered on a first-come, first-served basis. Please call the agency ahead of time to confirm the following distribution information and to learn about any eligibility requirements they may have. We appreciate your help in letting us know if any of the following distribution information is inaccurate; we do our best to have the most current information available on our web site, but again, distribution times and locations are subject to change at the discretion of our agency partners. You can reach FIND Food Bank at 760-775-FOOD (3663) for more information.	April 6, 2020	
Mid County	Riverside Unified School District	<a href="http://riversideunified.org/cms/One.aspx?portalId=580805&amp;pageId=14354720">http://riversideunified.org/cms/One.aspx?portalId=580805&amp;pageId=14354720</a>	<p>Welcome back to school, RUSD! We are so excited to welcome you on Monday, August 10, 2020.</p> <p>Meal service will be provided at all RUSD schools beginning Tuesday, August 11, 2020. For the beginning of the school year, Grab and Go meals will be served on Tuesdays and Thursdays only, from 11:15 a.m. to 12:45 p.m. We will continue to monitor meal service locations and make adjustments as necessary.</p> <p>Students will be served meals based on their Meal Program Eligibility. Their lunch number, which is the same as their student ID number must be presented at the time of pick up. Families may choose to pick up meals at their home site or the nearest RUSD school.</p>	<p>4/6/2020 Updates</p> <p>5/19/2020 Updates</p> <p>8/12/2020</p>	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Romoland School District	<a href="https://www.romoland.net/domain/591">https://www.romoland.net/domain/591</a>	<p>During Virtual Learning Nutrition Services will provide an opportunity for ALL enrolled RSD students to pick up a meal at selected school sites from 12:00 pm - 2:00 pm, Monday - Friday.</p> <p style="padding-left: 40px;">Romoland Elementary - 25890 Antelope Rd, Romoland, CA 92585</p> <p style="padding-left: 40px;">Harvest Valley Elementary - 29955 Watson Rd, Menifee, CA 92585</p> <p style="padding-left: 40px;">Boulder Ridge Elementary - 27327 Junipero Rd, Menifee, CA 92585</p> <p style="padding-left: 40px;">Mesa View Elementary - 27227 Heritage Lake Dr, Menifee, CA 92585</p> <p style="text-align: center;">***** MEAL PICK UP</p> <ul style="list-style-type: none"> <li>- Children MUST attend the Romoland School District</li> <li>- Families MUST have the students ID number or name of student</li> <li>- Families qualify for free or reduced-price meals receive FREE meals</li> <li>- Families qualifying for paid meals are CHARGED accordingly, meals are \$2.75</li> </ul>	8/14/2020	
East County	San Jacinto Unified School District	<a href="https://4.files.edl.io/2aaa/06/29/20/144745-b51ca48f-ba5e-4334-acf7-fd510cf0153f.pdf">https://4.files.edl.io/2aaa/06/29/20/144745-b51ca48f-ba5e-4334-acf7-fd510cf0153f.pdf</a>	<p>All enrolled students in our school district, regardless of income level, are eligible to receive a healthy school breakfast and school lunch at no charge each day. No further action is required of you. Your child (ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application. FREE Breakfast and FREE Lunch at ALL of our schools!</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 dates 7/9/2020 Updates 8/14/2020</p>	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Temecula Unified School District	<a href="https://www.temeculafreshfood.com/">https://www.temeculafreshfood.com/</a>	<p>Grab N Go Meals During Online Learning Meals will be served from 11 am - 1 pm, Monday - Friday at the following locations:</p> <p>Bella Vista Middle School - 31650 Browning St. Murrieta, CA James L. Day Middle School - 40775 Camino Campos Verde Temecula, CA Erle Stanley Gardner Middle School – 45125 Via Del Coronado Temecula, CA Margarita Middle School – 30600 Margarita Rd. Temecula, CA Temecula Middle School – 42075 Meadows Parkway Temecula, CA Vail Ranch Middle School – 33340 Camino Piedra Rojo Temecula, CA</p> <p>All enrolled TVUSD students are welcome to participate, regardless of what TVUSD school you are enrolled at - come to the middle school closest to you! To see if you qualify to receive free or reduced-price meals through the National School Lunch Program, complete an online application today! Click here to begin your application. If you do not qualify for the program, you can purchase a breakfast &amp; lunch meal kit for \$4.50 (elementary students), \$5.00 (middle school students), or \$5.50 (high school students).</p>	<p>4/6/2020 Updates 5/19/2020 Updates 8/12/2020</p>	

# Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Mid County	Val Verde Unified School District	<a href="https://www.valverde.edu/covid19/meal-information-for-school-closures-01008159">https://www.valverde.edu/covid19/meal-information-for-school-closures-01008159</a>	<p>We are pleased to continue providing meal distribution to our students, even in these dynamic times. Food distribution during the 2020/2021 school year will look a little different during the distance learning portion of our school year.</p> <p>Starting Wednesday, August 12, 2020, food distribution will take place every Wednesday from 10:00 am to 1:00 pm at the following sites: Elementary Schools: Avalon, Bethune, Columbia, Lasselle, May Ranch, Mead Valley, Triple Crown, Val Verde Elementary, Victoriano. Middle Schools: Lakeside, March, Tomas Rivera. High School: Citrus Hill, Orange Vista, Val Verde HS. Other: Val Verde Academy.</p> <p>Meals will be distributed ONLY for enrolled students in our School District, however, households can pick up student meals at any serving site in the District:</p> <ul style="list-style-type: none"> <li>•Students do not have to present for households to receive meals.</li> <li>•Household's meal eligibility status (Free, Reduced, or Paid) must be verified when distributing meals during the school year.</li> <li>•Parents/Guardians or Students will go to the school site's meal service area, input their Student's ID number(s) into the Food Service Point of Sale system, and receive one week of food (five breakfast and five lunches)</li> <li>•Your Student's meal ID number is the last six (6) digits of the District ID number, starting with 2000xxxxxx. Student's District ID numbers are printed on ID cards, class schedules, Meal Application approval letters, and Direct Meal Certification approval letters.</li> <li>•Paid category student lunches will be charged to Student's meal accounts. Parents can pay when regular school resumes or through the Department's online system. There will be no cash handling during meal pick up.</li> </ul>	<p>4/6/2020 Updates 6/15/2020 dates 7/9/2020 Updates 8/12/2020</p>	
Regions Vary	River Springs Charter Schools	<a href="https://springses.org/wp-content/uploads/2019/06/Summer-Meal-Schedule-2019.pdf">https://springses.org/wp-content/uploads/2019/06/Summer-Meal-Schedule-2019.pdf</a>	<p>All children in the community, 18 years of age or younger, can receive one meal at each meal time listed below at NO COST. JOIN US FOR A FREE MEAL EACH DAY SHOWN IN GREEN AT THE TIMES LISTED BELOW: Hemet 790 W. Acacia Avenue Lunch: 11:30am - 12:30pm Snack: 3:00pm - 3:30pm</p>	<p>4/6/2020 Updates 5/19/2020 Updates 6/15/2020 Updates 7/9/2020</p>	8/14/2020
Regions Vary	Selected McDonald Locations (Call to confirm)	<a href="https://news.mcdonalds.com/news-releases/news-release-details/what-were-doing-support-our-customers-and-communities">https://news.mcdonalds.com/news-releases/news-release-details/what-were-doing-support-our-customers-and-communities</a>	<p>Free breakfasts and lunches to children who are now out of school. They are offering free drive thru meals to older people who might be in need, and free coffee to first responders and healthcare workers</p>	April 6, 2020	5/19/2020
South County	Lake Elsinore STORM Stadium	<a href="https://www.milb.com/lake-elsinore">https://www.milb.com/lake-elsinore</a>	<p>Hot entrees available daily with rotating menu at \$6.50. Add \$2.00 for delivery. Children meals at \$3.50 per meal.</p>	April 6, 2020	5/19/2020

# Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
Regions Vary	No Kid Hungry	<a href="https://www.nokidhungry.org/coronavirus-grant-request">https://www.nokidhungry.org/coronavirus-grant-request</a>	We're offering emergency grants to support local school districts and nonprofit organizations in their efforts to ensure kids get the nutritious food they need. This grant request is specifically for school districts and community organizations to submit an inquiry for grants to support nutrition programs in their communities. No Kid Hungry is also in the process of developing a separate database to help families and individuals find help in their communities; we will provide a link here once that is ready.	April 6, 2020	5/19/2020
All Regions	Feeding America	<a href="https://www.feedingamerica.org/get-help">https://www.feedingamerica.org/get-help</a>	Our mission is to alleviate hunger in the Inland Empire. We envision a community where everyone has access to an adequate and nutritious food supply.	April 10, 2020	
All Regions	Food Finder	<a href="https://foodfinder.us/">https://foodfinder.us/</a>	FoodFinder is a safe, secure and award-winning mobile and web app that gives food insecure children and their families a way to find free food assistance programs quickly.	April 10, 2020	
All Regions	Got Food	<a href="http://gotfood.us/">http://gotfood.us/</a>	Got Food? is an application designed to help food insecure people find the nearest and most accessible food pantries and soup kitchens.	April 10, 2020	
All Regions	California Department of Food and Agriculture	<a href="https://www.cdffa.ca.gov/coronavirus/">https://www.cdffa.ca.gov/coronavirus/</a>	Resources for Food and Agriculture	April 10, 2020	
All Regions	US Department of Agriculture	<a href="https://www.usda.gov/coronavirus">https://www.usda.gov/coronavirus</a>	Latest news and FAQ in regards to food and safety.	April 10, 2020	
All Regions	No Kid Hungry	Text 'Food' to 877-877	In addition to USDA's Meal For Kids online mapping tool, No Kid Hungry offers a national texting service that allows parents or students to find feeding sites near them by text. How it works: Text 'FOOD' to 877-877 or 'COMIDA' to 877-877 for information in Spanish. User receives text back prompting them to enter a street address, city and state and/or zip code for their desired location. While the service is able to return results for inputs that include only city and state and/or zip code, including a full street address will return results that are more accurate. The service then texts back information about nearby meal sites, or information about how to access other food resources if no sites are operating in the vicinity.	April 13, 2020	
East County	Valley Community Pantry	<a href="https://www.vcpcares.org/how-we-help/">https://www.vcpcares.org/how-we-help/</a>	We are open Monday thru Thursday – 9:30 am to 12:00 pm. Food distribution varies as donations, funding and community needs fluctuate. No appointment needed for food distribution, however, we do require an intake application. If you have questions regarding the intake process or your eligibility to receive assistance, please visit our office as the pantry phone is for information only.	April 14, 2020	
South County	Community Outreach of Murrieta	<a href="https://communityoutreachofmurrieta.com/food-pantry/">https://communityoutreachofmurrieta.com/food-pantry/</a>	A caring community of volunteers from our area called to impact family and community with nutritious food and supplementary resource assistance so that lives of people are filled with hope as they get back on their feet. Through our "Healthy Food for Healthy Families" program, we are committed to providing food at no cost to residents of our community whose personal resources are limited and who are unable to provide adequately for themselves and their families.	April 14, 2020	



## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Community Mission of Hope	<a href="https://www.cmo.net/">https://www.cmo.net/</a>	Here at Community Mission of Hope, we are here for you in this time of crisis. If you or anyone you know needs food, please come to our location and use our drive through service for getting a free box of fresh food and commodities. City of Temecula, Murrieta, Aguanga & Anza residents only please. After your first visit one of our Case Managers will contact you for a phone intake. When: Mon - Fri 10:00am - 12:00pm	April 14, 2020	
South County	Boys and Girls Club	<a href="http://menifeebgc.org/theclub.html">http://menifeebgc.org/theclub.html</a>	PERRIS CLUBHOUSE, 904 SOUTH D STREET, PERRIS, CA 92570 Monday thru Friday 4:30 pm to 5:30 pm MENIFEE CLUBHOUSE, 26301 GARBANI ROAD, MENIFEE, CA 92584 Monday thru Friday 4:30 pm to 5:30 pm and QUAIL VALLEY CLUBHOUSE 23890 LA BERTHA, MENIFEE, CA 92587 Monday thru Friday 2:30 pm to 3:30 pm	April 22, 2020	5/19/2020
South County	Dream Center Lake Elsinore	email HopeOffice@DreamCenterLE.org	HOPE is open to the public to provide food & resources: 9:00am-12noon: Tuesday, 9:00am-12noon: Wednesday, 9:00am-12noon: Thursday.	April 22, 2020	
All Regions	CDE and Social Services	<a href="https://ca.p-ebt.org/en/">https://ca.p-ebt.org/en/</a>	This program, called P-EBT, is for students who are normally able to get free or reduced price school meals. Apply and get up to \$365 per child to spend on groceries. Children may continue to receive "grab n go" meals or emergency food at COVID-19 emergency feeding sites offered by schools and community locations, even if they are receiving P-EBT benefits.	May 29, 2020	
All Regions	Oasis Food Alliance Pantry	Contact Information is: Edward Marquez (951) 329-0521 Oasis Community Church Isandro Blvd. STE. C Moreno Valley CA 92553	Every Saturday 7 am until 9 am. While supplies last. Donations vary week to week. Please bring your own grocery bags Food pantry will be available to anyone in need.	July 27, 2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Internet Resources	Contact your local provider	Comcast, AT&T, and Charter Communications will provide free public Wi-Fi for 60 days. Other companies are increasing benefits for current subscribers. T-Mobile customers will get unlimited smartphone data, and Sprint is following suit with unlimited data for 60 days.	March 21, 2020	
All regions	Scholastic Learn at Home	<a href="https://classroommagazines.scholastic.com/learnathome">https://classroommagazines.scholastic.com/learnathome</a>	Day by day projects to keep kids learning, growing and thinking.	3/21/2020	
All regions	Lakeshore Learning	<a href="https://www.lakeshorelearning.com/resources">https://www.lakeshorelearning.com/resources</a>	Lesson Plans, Worksheets, Calendars, Templates, Art, Craft Ideas and Activities	March 21, 2020	
All regions	PBS	<a href="https://www.pbs.org/parents/">https://www.pbs.org/parents/</a>	Parent Resources to help your kids learn and grow. Games, Activities, Videos, Lessons and so much more.	March 21, 2020	
All regions	National Geographic	<a href="https://kids.nationalgeographic.com/">https://kids.nationalgeographic.com/</a>	Activities that include: Videos, games and exploration.	March 21, 2020	
All regions	Story Time from Space	<a href="https://storytimefromspace.com/">https://storytimefromspace.com/</a>	Videos of astronauts reading STEM themed books from the International Space Station brought to you by the non-profit Storytime From Space.	March 21, 2020	
All regions	Steve Spangler	<a href="https://www.stevespanglerscience.com/lab/experiment-library/">https://www.stevespanglerscience.com/lab/experiment-library/</a>	This is a site established by science guy Steve Spangler, who's been on 'The Ellen Show' over 20 times, with close to 400 science experiments you can do at home.	March 21, 2020	
All regions	Free Resources Library	<a href="https://www.reallygoodstuff.com/free-resources-library">https://www.reallygoodstuff.com/free-resources-library</a>	Hey, parents and teachers at home—we see you. You're working hard to educate remotely, and most likely dealing with your own kids at the same time. We're committed to helping you, whether you're a parent, educator, or both! We have some great ideas for distance learning, and tools that can make your life a little easier right now.	March 21, 2020	
All regions	NAEYC	<a href="https://www.naeyc.org/our-work/families/eight-tips-creating-homemade-books">https://www.naeyc.org/our-work/families/eight-tips-creating-homemade-books</a>	Does your infant or toddler enthusiastically point out images of herself on your computer? Does your preschooler ask you repeat stories about him over and over? A powerful way to interest young children in reading books is to make books about their routines, families, life events and vacations. It's a keepsake for you and a conversation starter for your child. It's also an inexpensive way to help your child learn to love books.	March 21, 2020	
All regions	Common Sense	<a href="https://wideopenschool.org/">https://wideopenschool.org/</a>	Free activities for children ages PreK through Grade 12	March 21, 2020	
All regions	Virtual Story Times	You Tube	11:00 a.m. -- Stay at Home Story Time, a ~20 min. picture book read-aloud with Oliver Jeffers (Lost and Found author) (Instagram Live @oliverjeffers, uploaded to YouTube after)	March 21, 2020	
All regions	Virtual Story Times	Yo Tube	11:00 a.m. -- Brightly Storytime, a 5–10 min. picture book read-aloud (YouTube @ Brightly Storytime)	March 21, 2020	
All regions	Virtual Story Times	Instagram	12:00 p.m. -- Mac Barnett (Triangle) reads one of his picture books (Instagram Live @MacBarnett)	March 21, 2020	
All regions	Virtual Story Times	You Tube	~12:00 p.m. -- Jeff Norton reads a chapter (5–10 min.) of his sci-fi adventure novel Alienated (YouTube @Jeff Norton)	March 21, 2020	
All regions	Virtual Story Times	Twitter	~6:00–9:00 p.m. -- Josh Gad (voice of Olaf from Frozen) will virtually read a picture book as a bedtime story(Twitter @JoshGad)	March 21, 2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Virtual Drawing Lessons	Instagram	8:30 a.m.(T/Th) -- Drawing with Toddlers, a short drawing lesson from E. B. Goodale (Under the Lilacs) (Instagram Live @ebgoodale)	March 21, 2020	
All regions	Virtual Drawing Lessons	You Tube	10:00 a.m. -- Lunchtime Doodles, a ~30 min. art lesson with Mo Willems (Don't Let the Pigeon Drive the Bus) (YouTube @The Kennedy Center)	March 21, 2020	
All regions	Virtual Drawing Lessons	Instagram	10:00 a.m. -- Drawing lessons with Wendy Macnaughton (NYT bestselling illustrator) (Instagram Live @wendymac)	March 21, 2020	
All regions	Virtual Drawing Lessons	You Tube	11:00 a.m. -- Draw Every Day with JJK, a ~20 min. drawing lesson with Jarrett J. Krosoczka (Lunch Lady graphic novel series) (YouTube @ Jarrett J. Krosoczka—author & illustrator)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	6:00 a.m. -- Music classes from Jam with Jamie (also uploaded for later viewing)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	8:00 a.m. -- Daily music, movement, yoga classes, and more for pre-K/young kids from Union City Play in New York City	March 21, 2020	
All regions	Music Classes and Performances	You Tube	11:00 a.m. and 5 p.m. -- Stars in the House, a 60 min. performance and chat by various Broadway actors and other performers to raise money for out-of-work entertainers (YouTube @The Actors Fund)	March 21, 2020	
All regions	Music Classes and Performances	You Tube	4:30 p.m. -- Every night a new recording from The Metropolitan Opera is available to stream	March 21, 2020	
All regions	Music Classes and Performances	You Tube	Various -- A full list of live concerts streaming, varying from pop stars to operas (curated by NPR)	March 21, 2020	
All regions	List of additional free resources	<a href="http://www.amazingeducationalresources.com/">http://www.amazingeducationalresources.com/</a>	Amazing Educational Resources, a HUGE spreadsheet of tools/programs/services that usually cost money but are being offered for free, with info on subject and grade level (crowdsourced)	March 21, 2020	
All regions	Encantos	<a href="http://www.encantosbrands.com/learning">http://www.encantosbrands.com/learning</a>	Encantos Learning Hub (pre-K-1 resources available in English and Spanish)	March 21, 2020	
All regions	You Tube	<a href="https://learnathome.withyoutube.com/">https://learnathome.withyoutube.com/</a>	Learn@Home, educational YouTube channels curated by age group (YouTube)	March 21, 2020	
All regions	Sesame Street	<a href="https://www.sesamestreet.org/">https://www.sesamestreet.org/</a>	Sesame Street has videos, games, and activities for younger kids) (sesamo.com in Spanish)	March 21, 2020	
All regions	Tinkergarten	<a href="https://www.tinkergarten.com/">https://www.tinkergarten.com/</a>	Tinkergarten has a week's worth of outdoor education DIY activities (sign up for the email newsletter on Tinkergarten's website)	March 21, 2020	
All regions	XYZA	<a href="https://www.newsicle.co/">https://www.newsicle.co/</a>	Newsicle, a daily news trivia game put on by the folks behind XYZA: News for Kids	March 21, 2020	
All regions	Complexly	<a href="https://complexly.com/">https://complexly.com/</a>	Complexly, a series of video series on educational topics ranging from literature to biochemistry (YouTube)	March 21, 2020	
All regions	Story Pirates	<a href="https://www.storypirates.com/storypiratesuniversity">https://www.storypirates.com/storypiratesuniversity</a>	Story Pirates University, writing video lessons from the Story Pirates podcast team (YouTube)	March 21, 2020	
All regions	DREME	<a href="https://mailchi.mp/846cecd4ee6b/fun-easy-math-activities-to-do-at-home?e=54309bbb84">https://mailchi.mp/846cecd4ee6b/fun-easy-math-activities-to-do-at-home?e=54309bbb84</a>	Resources for Early Math Learning at Home	March 21, 2020	
All regions	NAEYC	<a href="https://www.naeyc.org/resources">https://www.naeyc.org/resources</a>	Teaching Young Children. Articles, videos and activities for parents and children.	March 21, 2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Riverside County Library System	(951) 840-7901	In a time when many are safe at home and most information is shared through the internet, literacy is more than just reading. It's a form of connecting with the world. When we read, we learn about new health and government updates, which allows us to stay healthy and keep safe. We will provide tutoring, family activities, and reading and writing support online.	April 8, 2020	
All regions	HATCH	<a href="https://www.hatchearlylearning.com/">https://www.hatchearlylearning.com/</a>	COVID-19: While children are home, keep them learning and engaged with Ignite@Home. Disruptions to our daily lives can create an unwanted impact on children's development & learning and impose struggles families are not prepared to address. Ignite@Home provides research-based, digital experiences in the home, that help children stay engaged, and ensure they are working toward their Kindergarten Readiness goals.	April 9, 2020	
All regions	HighScope	<a href="https://highscope.org/active-learning-at-home/">https://highscope.org/active-learning-at-home/</a>	How to keep children engaged in active learning at home. At HighScope, we view families as our valued partners and we strive to collaborate with them to promote optimal learning and development for their children outside of the classroom. During this uncertain time, we want to support educators and families, not overwhelm them. This is why we've curated our best "at-home" activities, strategies, and resources to give you a practical way to keep children engaged in active learning at home.	April 14, 2020	
All regions	Common Sense Education	<a href="https://www.common sense.org/education/top-picks/virtual-field-trip-apps-and-websites">https://www.common sense.org/education/top-picks/virtual-field-trip-apps-and-websites</a>	Resources: Field trips are informal learning experiences that get students out into the world, exploring the world and students' interests. Trips to museums, parks, historical sites, and more show students that learning (and life) happens outside the classroom, too. During field trips, students discover new things and learn in authentic environments, placing classroom content into new contexts. Unfortunately, for many schools and students, field trips are rare (if they happen at all). Thankfully, there are great games, apps, and websites that can bring places and experiences fostered by field trips to the classroom. While not an outright replacement, these field trip tools can offer inspiring and intriguing experiences for students.	April 14, 2020	
All regions	Wide Open School	<a href="https://wideopenschool.org/?utm_source=edu_nl_20200527_quarterly_family_engagement&amp;utm_medium=email">https://wideopenschool.org/?utm_source=edu_nl_20200527_quarterly_family_engagement&amp;utm_medium=email</a>	Wide Open School is a free collection of the best online learning experiences for kids curated by the editors at Common Sense. There is so much good happening, and we are here to gather great stuff and organize it so teachers and families can easily find it and plan each day. We hope that Wide Open School helps make learning from home an experience that inspires kids, supports teachers, relieves families, and restores community. This site was built in a matter of days on a shared vision. We plan to keep building until things get back to normal	May 29, 2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Riverside Public Library	<a href="https://riversideca.beanstack.org/reader365">https://riversideca.beanstack.org/reader365</a>	Riverside Public Library's Summer Reading Program: Dig Deeper - READ, INVESTIGATE, DISCOVER! June 1 - July 19, 2020 Read books, earn badges, attend online events, and win prizes! This summer, it's time to dig deeper. Stay active, healthy, and connected: join Riverside Public Library as we read, investigate, and discover!	June 15, 2020	
All regions	The Early Learning Lab	<a href="https://earlylearninglab.org/stay-play-grow/#partners">https://earlylearninglab.org/stay-play-grow/#partners</a>	Stay healthy. Play and learn. Grow together. Meet your new one-stop source for info and inspiration to help you and your family make the most of your time together during the coronavirus pandemic and beyond.	June 15, 2020	
All regions	National Association Education of Young Children	<a href="https://www.naeyc.org/resources/topics/anti-bias">https://www.naeyc.org/resources/topics/anti-bias</a>	Anti-bias education work in early childhood is shaped by a deep-seated belief in the importance of justice, the dream of each child being able to achieve all he or she is capable of, the knowledge that together human beings can make a difference. Listen to the voices of children who have experienced anti-bias education at school or at home. They give us hope and direction.	June 17, 2020	
All regions	Center for Child and Human Development	<a href="https://www.iecmhc.org/resources/equity/">https://www.iecmhc.org/resources/equity/</a>	Learn about disparities in the experiences of young children of color and children from other marginalized communities in early childhood settings; discover strategies for IECMHC to impact early childhood professionals' beliefs, attitudes, and practices to support more effective caregiving for all children, regardless of race, ethnicity, gender, class, or a myriad of demographic characteristics; and better understand policies and procedures, including data collection and analysis procedures, to bridge disparities.	June 17, 2020	
All regions	American Psychological Association	<a href="https://www.apa.org/topics/kids-discrimination">https://www.apa.org/topics/kids-discrimination</a>	Talking to kids about discrimination Experts say diversity and discrimination are subjects that need to be addressed with children.	June 17, 2020	
All regions	Embrace Race	<a href="https://www.embracerace.org/resources/young-kids-racial-injustice">https://www.embracerace.org/resources/young-kids-racial-injustice</a>	8 Tips for Talking to Your Child About Racial Injustice	June 17, 2020	
All regions	Early Start Family Resource Network	<a href="http://www.esfrn.org/">http://www.esfrn.org/</a>	A free service for families who have children with special needs living in Riverside and San Bernardino Counties of California	July 22, 2020	
All regions	California All -- Early Learning and Care	<a href="https://californiaall-www-west-dev.azurewebsites.net/resources/13">https://californiaall-www-west-dev.azurewebsites.net/resources/13</a>	Extended resources for Children and their Families during COVID-19.	July 22, 2020	
All regions	California All -- Early Learning and Care	<a href="https://californiaall-www-west-dev.azurewebsites.net/providers">https://californiaall-www-west-dev.azurewebsites.net/providers</a>	Help and Support for Providers on: Operating, Care, Learning, Engaging Families, and Self Care and Wellness.	July 22, 2020	
All regions	California All -- Early Learning and Care	<a href="https://californiaall-www-west-dev.azurewebsites.net/families">https://californiaall-www-west-dev.azurewebsites.net/families</a>	Help and Support for Families on: Operating, Care, Learning, Engaging Families, and Self Care and Wellness.	July 22, 2020	

## Resources for Families and Providers in Riverside County -- COVID-19

March 16, 2020 -- TBD

Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Centers for Disease Control and Prevention	<a href="https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fschools-childcare%2Ftalking-with-children.html">https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcommunity%2Fschools-childcare%2Ftalking-with-children.html</a>	<p>CDC has created recommendations to help adults have conversations with children about COVID-19 and ways they can avoid getting and spreading the disease.</p> <p>Children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear.</p>	July 22, 2020	
All regions	Center on the Social Emotional Foundations for Early Learning	<a href="http://csefel.vanderbilt.edu/index.html">http://csefel.vanderbilt.edu/index.html</a>	<p>The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.</p>	July 27, 2020	
All regions	Con Mis Hijos	<a href="https://www.conmishijos.com/actividades-para-ninos/20-entretendidas-actividades-para-hacer-con-los-ninos-en-casa/">https://www.conmishijos.com/actividades-para-ninos/20-entretendidas-actividades-para-hacer-con-los-ninos-en-casa/</a>	<p>Have you found yourself in the situation of having to spend several days with the children indoors? It is a fact that can be stressful since children require attention and need an extra activity that allows them to get all the energy they have inside.</p> <p>Therefore, without proper planning, staying at home can become a headache: screaming and misbehaving children and stressed and desperate parents. To channel the situation, we propose these 20 entertaining and fun activities to do with the children at home.</p>	July 27, 2020	