

July–September 2026



CAREspace

Community | Access | Relationships | Emotional Wellness

Parent Workshops and Classes



Supporting Children in Making and Keeping Friends

Learn practical ways to help children develop, strengthen, and maintain healthy friendships.

July 9 | 4:30–5:30 p.m. (English) | 5:30–6:30 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/Ox0bX1FnTTSF4wBk5t6Skg>



Positive Parenting: Skills to Nurture the Parent-Child Relationship

Discover evidence-based recommendations for decreasing stress and improving the relationship with your child.

July 23 | 4:30–5:30 p.m. (English) | 5:30–6:30 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/40p5NlnhRv-bPXxM8v2uZA>



The Benefits of Therapy for Children and Families

Gain an understanding of different types of therapy, when therapy may be beneficial, and how to access services.

August 6 | 4:30–5:30 p.m. (English) | 5:30–6:30 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/UWosKt8UT2-FoWY4uNk82A>



Chores and Responsibilities for Children and Adolescents

Understand age appropriate chores and responsibilities for children.

August 20 | 4:30–5:30 p.m. (English) | 5:30–6:30 p.m. (Spanish)

https://rcoe.zoom.us/meeting/register/Vq69zgk_TzOfIjt0RIbkkw



Navigating IEPs and 504 Plans

Explore the rights of parents and children with disabilities under federal and state law.

September 10 | 12:00–1:00 p.m. (English) | 1:00–2:00 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/OZXH5ydBStCOYOF0LBWJXA>



Helping Children Develop Positive Social Skills

Examine different types of social skills and ways to support children's social development.

September 17 | 4:30–5:30 p.m. (English) | 5:30–6:30 p.m. (Spanish)

<https://rcoe.zoom.us/meeting/register/yXLLoyIJQPi8r9v7xR0I0A>

For questions please call: 951-276-CARE (2273) or visit our website at: www.rcoe.us/carespace

